



Newsletter

May 2022, Vol. 68, No. 5



Dr. Pierre Cartier

Letter from the D.C. Dental Society President Pierre Cartier, DMD, MPH, FAGD, FICD, FACD

Dear Colleagues:

Early May heralds an exciting time of the year.
Starting this week, pre-doctoral dental programs will host graduation ceremonies for their fourth-year students. These ceremonies are a definitive entry point into our profession and the endless opportunities that it holds.

I am becoming involved in one of these ceremonies for the first time since 2005. The Howard University College of Dentistry has invited me to provide brief remarks at the College's annual Honors and Awards Ceremony on May $6^{\rm th}$. It's an honor to welcome their graduating class to our profession.

Seventeen years ago, I started my post-graduate journey. I remember experiencing a sense of "endless possibilities," particularly as I was moving to Washington, DC to start an Advanced Education in General Dentistry residency and finally move to a "'real city' in the Northeast." At the time, I was planning to practice general dentistry in the Air Force for a few years and then pursue periodontology at one of the dental schools in this region. I also planned to own real estate in DC, find the "dream girlfriend" I could never find in Kentucky, open a dental practice, and participate in dental education and research.

Although I ended up not pursuing periodontology, I did accomplish some of these goals and also ended up accomplishing some things that I probably didn't plan to do 17 years ago. I did "buy" a coop unit and ended up staying in DC. At the suggestion of a physician girlfriend, I considered a professional track that I often discounted in dental school and earned an MPH degree. I also continued practicing general dentistry and ultimately discovered a niche where I can pursue my interests in hospital dentistry, leadership, and post-

A Look Inside...

May CE Presentation2
Annual Awards Meeting6
DCDS New Programs / Join an Affinity Group7
DC Health Workforce Taskforce8
Free Classifieds for DCDS Members Seeking Positions or Staff8
Answer the Call—Sign up for DC Dental Cares9
Addiction Consultation Service10
ADA News13
Classifieds18

Letter from the President1

D.C. Dental Society

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Cover Photo: April 2022 DCDS Happy Hour at Mission Dupont

Circle

Letter from the President–Continued on Page 4

May CE Event "Lasers: What You Needed to Know Yesterday"

This event will be presented virtually.

Watch at home, from your practice or join us at the DCDS office to watch the virtual presentation with your colleagues.

Tuesday, May 10, 2022
Virtual CE Presentation by Dr. Juliana Barros and Dr. Shelly Patel

Business Meeting Begins at 5:45 PM Education Program Begins at Approximately 6:00 PM Lecture Format

Cost: Free to DCDS Members | Non-Members–\$75 Virtual or \$110

In-Person

Location to Watch the Virtual Presentation

DCDS Headquarters: 2001 K Street, NW (Alexander Court) 3rd Floor North Tower Washington, D.C.

CE Credits Offered: 2.5 CE Credits



Dr. Juliana Barros



Dr. Shalizeh "Shelly" Patel

Space is limited for in-person attendance. Note that all in-person attendees must be fully vaccinated against COVID-19. Vaccination screening required for in-person meeting attendance (see Page 4).

Visit the <u>DCDS Registration Fees & Cancellation Policy page</u> for more details on registration and <u>read</u> about Drs. Barrios and Patel here.

Important note: As you may be aware from recent communications, the ADA recently experienced a cybersecurity incident which is affecting several systems, including the ability to register for meetings. As an alternative, we have created a new registration form for our May meeting (see registration button below). If you have not yet registered for the May meeting, please do so by close of business on Thursday, May 5th so that we may have an accurate attendance count for ordering dinner.

Register Here by Thursday, May 5

Continued on Page 3

Program Description:

This presentation will give a brief overview of the history, basic scientific and clinical information on lasers. The learners will receive an overview on clinical application of lasers through both scientific research and clinical case presentations. Our intended goal is to familiarize the participants with such emerging technology.

Learning Objectives Session 1:

- Summarize the basic principles of lasers
- Recognize laser tissue interaction and its clinical application
- Identify the types of lasers used in Dentistry

Learning Objectives Session 2:

- Recognize the indications of soft and hard tissue lasers
- List clinical applications of each laser

Disclosures: Speakers are recognized trainers of the Academy of Laser Dentistry.

ENTRANCE TO DCDS HQ/ALEXANDER COURT: 2001 K Street NW or 20th and L Streets, NW.

Proceed up the escalator to the North Tower landing. A member of our staff will greet you at the security gates. Proceed up the elevators to the 3rd floor and follow the signs to the event space.

PARKING & GARAGE ACCESS: Parking rate after 4 PM: \$12. Garage entrance: L Street between 20th & 21st. The garage next to our building on K Street offers a \$10 parking rate during the evening.

VACCINATION REQUIREMENT: As part of a commitment to health and safety, DCDS's management company, Smithbucklin, currently requires all employees and guests in our space to be fully vaccinated against COVID-19. To help manage this requirement, Smithbucklin has partnered with CLEAR Health Pass. There is no cost to DCDS or its guests to use the CLEAR Health Pass. Download here.

DCDS Officers and Directors

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Continuing Education Disclaimer: The District of Columbia Dental Society is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. It is the responsibility of each participant to verify the CE requirements of his or her licensing or regulatory agency and to contact them with any questions regarding licensing. The DC Dental Society designates this presentation for 2.5 CE credits.

Concerns or complaints about a CE provider may be directed to the provider or to the **Commission for Continuing Education Provider Recognition** at <u>ADA.org/CERP</u>.

ADA C·E·R·P® Continuing Education Recognition Program

Letter from the President—Continued from Page 1

graduate dental education. I'm still working on developing the research portfolio, though.

One thing that I did not encounter in the months after I graduated was a mentor to guide me in the local organized dentistry landscape. Although I had been the University of Kentucky College of Dentistry's lead ADEA Council of Students Representative and an active member of both ASDA and the Student Research Group, I was only familiar with some of the national organizations. I did not find someone to "pull me aboard" when I got to DC. It wasn't until a few years later when I joined the DC Academy of General Dentistry and Maimonides that I started making these connections and building the network of colleagues and friends that I enjoy today.

For our graduating dental students, I encourage you to proactively seek out opportunities in the community where you may end up at. If you are staying in the DC metropolitan area, you have a wealth of smaller organizations where you can easily meet your colleagues and make these connections. The officers and members of DCDS welcome you to join us and learn more about ways in which you can become involved in our activities. If you have questions about how to join or the opportunities that may exist, please speak with one of Board or staff members.

If you find yourself in more of an institutional environment like the one I was in following graduation, don't be afraid to engage with the local dental community (particularly if you plan to practice there in the future). Again, the continuing education programming you find in DCDS and other organizations will supplement what you may be learning in residency or through your institution's in-service activities. Many organizations, like the ADA, also offer discounted dues and other concessions to residents and recent graduates.

For those of us who initiated our "journey" several years ago, please reach out to new dentists in your community. Some are entering the area from afar and may not be familiar with the opportunities available locally. Invite them to DCDS and any other organizations you might be involved in. Also tell your story and what it means to you and your colleagues, particularly if you have been involved in leadership positions. For graduates that may not have been actively involved in leadership

activities during school, this places a "human face" with the organized dentistry experience and allows them to understand the contributions that we make to our profession today and the impact that we will have upon it tomorrow. Storytelling and "leadership by example" are important tools for cultivating the next generation of leaders in our profession.

Upcoming DCDS Events

May 10—5:45 to 9:00

May Monthly Meeting and CE Event

Virtual Presentation and In-Person Watch Party DCDS Headquarters 2001 K Street NW, 3rd Floor North, Washington, D.C.

June 5—10 a.m. Meeting
Time
DCDS Outing at the Zoo

June 21—6:00 p.m.

Awards Dinner

2001 K Street NW, 14th Floor
Washington, D.C.

Details on Page 8

Letter from the President—Continued on Page 5

Letter from the President—Continued from Page 4

Most importantly, don't forget that one's post-graduate future is not "set in stone" and that many opportunities come into play throughout the journey. Like one of my colleagues who was skilled at fixed prosthodontics in school and became an oral surgeon, several of us have discovered new interest areas or opportunities early on and sometimes later in our careers. One's dental medicine career is an "open book" – you write something in it each day and a new chapter each year! Don't forget to illustrate this when you tell the story of your professional journey!

Our next continuing education meeting will be on Tuesday, May 10th, 2022. Drs. Juliana Barros and Shalizeh Patel will present "Lasers: What You Needed to Know Yesterday." The presenters will provide a brief overview of the history and science of lasers in dental medicine and will present clinical cases related to the use of this technology. I am excited to hear this presentation and learn more about how I can apply lasers to address some of the clinical problems I routinely encounter, such as gingival inflammation and conservative caries management.

The business meeting will occur from 5:45 - 6:00 pm, with the scientific session occurring from 6:00 - 8:45 pm. Given that our presenters will not be joining us in-person, we are offering a "watch party" at the Smithbucklin DC Office for those who wish to attend with their colleagues in a more traditional setting. Dinner will be provided for those that attend the in-person watch party. If you are not able to attend in-person, please make sure to register in a timely manner that a Zoom link may be sent to you.

DCDS held a successful happy hour event at Mission in Dupont Circle on April 21st, 2022. This was our second happy hour event since the beginning of the pandemic; we had approximately 20-30 attendees at this event. We are planning additional happy hour events that will "move" around to different neighborhoods in DC, including Shaw, Tenleytown, and Capitol Hill. Additionally, we are planning several events over the summer, including a trip to the National Zoo on June 5, a trivia event, and a Medicaid town hall. Please stay tuned for additional details.

Again, thank you for your support of our Society, our profession, and the public we serve. I look forward to seeing you next week!

Pierre M. Cartier, DMD, MPH, FAGD, FICD, FACD 2021-2022 DCDS President

Attend the June 21st Annual Awards Meeting

Mark your calendar to attend the June 21st Annual Awards Meeting. This year the event is being held as a hybrid meeting with the option to attend in person or virtually. All DCDS members are invited to attend.

This meeting and dinner will be held on the 14th floor at the DCDS office building, 2001 K Street, NW. Attendees can enjoy the view of DC from the rooftop conference center.

During the event, the new D.C. Dental Society officers and board members will be installed and winners of the DCDS awards will be announced. Also, membership anniversary pins and Life member pins will be presented.

Register for DCDS Annual Awards Meeting

2022 DCDS Election

The DC Dental Society election is opening soon and will close at the top of the Annual Awards Meeting on Tuesday, June 21. The election will be conducted by electronic vote. Instructions on how to vote will be sent to all eligible DCDS members in early June. If you have any questions about the 2022 election, please reach out to your DC Dental Society staff at info@dcdental.org or (202) 367-1163.

Thank you to our Partners







DCDS Launches New Programs to Foster the Dental Community

Whether it was by chatting with colleagues at a monthly meeting or connecting with friends at a happy hour, DCDS has long provided members with ways to connect with the dental community. Now DCDS has launched a new series of programs to provide members with even more ways to connect.

We hope to see you at an upcoming outing, game night, affinity group meeting or other activity. Watch for announcements from DCDS and connect with the DC dental community.



DCDS Outing at the National Zoo

Sunday, June 5, 10 AM Meeting Time Watch for more details.



Medicaid Town Hall





Want to help plan an activity? Write to DCDS at info@dcdental.org or call 202 367-1163.

Join a DCDS Affinity Group

DCDS is forming affinity groups to connect member segments based upon areas of interest, such as:

- Practice Specialty
- Diversity
- Public Policy Interest or Patient Population Served

Sign Up for DCDS Affinity Groups Here

Mayor Bowser and DC Health Launch New Healthcare Workforce Task Force

Mayor Bowser and DC Health announced the formation of a new Healthcare Workforce Task Force charged with rebuilding, strengthening, and expanding the District's healthcare workforce. The Task Force includes thought leaders from the healthcare, education, and government sectors and will be co-chaired by Dr. Wayne Fredrick, President of Howard University, and Ms. Anita Jenkins, CEO of Howard University Hospital.

"Our health care workers have been incredible throughout the pandemic. At every single stage of the pandemic, they've demonstrated the utmost professionalism and compassion. But they've been through a lot, and this task force is going to put forth fresh ideas for how to best support current and aspiring health care workers," said Mayor Bowser. "We have an opportunity, right now, to bring more residents into a high-demand field and, in doing so, to provide relief and support to our amazing frontline health care workers."

Task Force, which will convene between May and September 2022, will create short-term (6 month to 2 years), mid-term (3 to 5 years), and long-term (5 years and beyond) recommendations to expand the District's healthcare workforce.

While a representative of the DC Dental Society was not named to the task force, DCDS may have an opportunity to participate in committees assigned specific work under the task force. In addition, meetings of the task force will be open to the public.

Read the full announcement on the <u>DC Health website</u>.

Looking for a dental position in DC? Looking to Hire?

DCDS members who are searching for employment or are hiring to fill a position can place a free classified ad in the DCDS newsletter and on the DCDS website.

Submit your ad through the DCDS online form.

Answer the call through D.C. Dental Cares, the new pro bono program of the D.C. Dental Society Foundation

Did you hear that the DCDS Foundation has a new program to provide pro bono dental care to members of the Washington Community in need called D.C. Dental Cares? This program launched earlier this year under a partnership with the Catholic Charities Health Care Network.

Through this program, D.C. dentists will be able to provide pro bono treatment for patients in their own office with no long term commitment. The type and amount of treatment rendered to these patients is entirely at the discretion of the dentist. Patients will be pre-screened for their eligibility for this program based on their economic status. Our member dentists will receive a referral, which outlines the patient's general oral health needs and their chief complaint.

Sign up to participate via a brief online form via the button below.

Photo features just some of the DCDS members who have given their time to provide free care to the D.C. community in recent years.



Sign Up for D.C. Dental Cares

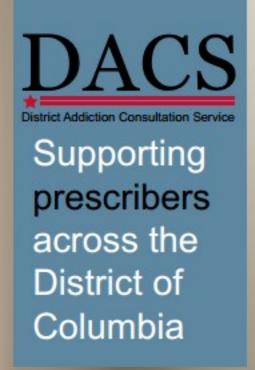


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www.DistrictACS.org







DENTAL

IF IT TAKES EIGHT YEARS TO BECOME A DENTIST, WHEN ARE YOU EXPECTED TO DRILL INTO EQUIPMENT LOANS?



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Study finds link between inflammatory diseases

ADA Morning Huddle, May 3, 2022

Researchers from the University of Pennsylvania School of Dental Medicine worked with colleagues at the Technical University of Dresden in Germany to find that having gum disease may make patients who have received a bone marrow transplant more susceptible to arthritis, according to a study in the journal Cell. Researchers said the study suggests how having one inflammatory disease can increase the likelihood of having another inflammatory condition, according to the university. "Although we use periodontitis and arthritis as our model, our findings go above and beyond these examples," said corresponding author George Hajishengallis, D.D.S., Ph.D., a professor at Penn Dental Medicine. "This is in fact a central mechanism, a unifying principle underlying the association between a variety of comorbidities."

Full Story: https://penntoday.upenn.edu/news/how-one-inflammatory-disorder-exacerbates-another

WHO puts a global focus on oral health care needs

ADA Weekend Huddle, April 30, 2022

The World Health Assembly in 2021 adopted a resolution, WHA74.5, on oral health that provides an "opportunity to improve oral health promotion and address the needs of people affected by oral diseases and conditions," Benoit Varenne, D.D.S., M.P.H., Ph.D., wrote in a Journal of the American Dental Association editorial. The resolution focuses on prevention, including oral health promotion at the family, school and workplace levels, and oral health in the primary health care system. Dr. Varenne, a Dental Officer with the World Health Organization, wrote that the WHO in January took a first step to implement the resolution when its executive board considered a draft global strategy for oral health that includes universal health coverage for oral health by 2030.

Full Story: https://jada.ada.org/article/S0002-8177(22)00125-8/fulltext

From the ADA

Study links type 2 diabetes to higher risk of tooth loss

ADA Morning Huddle, May 2, 2022

An analysis of 22 studies that included 677,532 participants linked type 2 diabetes to a higher risk of tooth loss, researchers reported in the journal BMC Endocrine Disorders. "In addition, this association was also present in other subgroups, including ... method of diagnosing type 2 diabetes, continent, study quality and number of tooth loss," researchers said. The study was reported by Healio.

Full Story: https://www.healio.com/news/endocrinology/20220427/type-2-diabetes-increases-risk-for-tooth-loss

Dr. Fauci: COVID-19 vaccine for younger children may be authorized in June

ADA Morning Huddle, April 25, 2022

National Institute of Allergy and Infectious Diseases Director Anthony Fauci, M.D., said authorization of a COVID-19 vaccine for children below age 5 may not happen until June as vaccine makers Pfizer and Moderna are developing slightly different vaccines, which need more scrutiny, The Hill reported. Dr. Fauci said Pfizer plans to develop a two-dose vaccine regimen for young children, but the emergence of the more infectious Omicron variant suggests children may "need three doses of a vaccine to really get good protection."

Full Story: https://thehill.com/policy/healthcare/3459365-fauci-says-vaccine-approval-for-those-under-5-likely-not-until-june/

From the ADA

Administration to expand access to COVID-19 antivirals

ADA Morning Huddle, April 27, 2022



The Biden administration plans to make Pfizer's Paxlovid and similar COVID-19 antiviral drugs available at more sites, increasing distribution from around 20,000 sites currently to more than 30,000 in the near term and eventually 40,000 sites, Reuters reported. The administration will allow eligible pharmacies to order the antiviral drugs directly from the federal government beginning this week.

Full Story: https://www.reuters.com/world/us/us-widen-covid-antiviral-pill-distribution-2022-04-26/

CDC advisers appear unwilling to endorse 2nd booster dose

ADA Morning Huddle, April 25, 2022

Most members of the Centers for Disease Control and Prevention's Advisory Committee on Immunization Practices expressed unwillingness to endorse a second COVID-19 booster dose for the general population, arguing that a two-dose primary vaccination series plus one booster is enough protection against severe COVID-19 for healthy adults, CNBC reported. During a five-hour meeting Wednesday, some committee members called for a clear and long-term vaccination strategy, noting that deploying boosters every four to six months is not a sustainable public health strategy and could undermine the public's confidence in the government's vaccination campaign.

Full Story: https://www.cnbc.com/2022/04/21/cdc-panel-skeptical-of-fourth-covid-shots-for-broader-population-says-us-needs-clear-vaccine-strategy.html

From the ADA

Report: NHSC approves fewer requests for leniency from health care workers in student debt forgiveness program

ADA Morning Huddle, April 29, 2022

The Wall Street Journal reported that the National Health Service Corps approved fewer requests from health care workers for a temporary suspension of contracts linked to student debt forgiveness after the COVID-19 pandemic began, even though requests for suspension more than doubled from fiscal 2019 to 2020. The agency approved 85% of suspension requests in fiscal 2021 and 84% in 2020, compared with about 87% in 2017 to 2019. The NHSC in 2020 granted 47% of requests for waivers to terminate the contract obligations, compared with 52% in 2019. The Health Resources and Services Administration said the NHSC approved all suspension requests linked to the pandemic and most of those people have returned to service.

Full Story: https://www.wsj.com/articles/medical-program-offering-student-debtrelief-takes-hard-line-in-covid-19-pandemic-11651053781

Developing Your Own Emotional Resilience Plan: Professional and Personal Strategies

ADA Morning Huddle, April 25, 2022

Join us at noon CT on May 18 for an interactive webinar that will help you create a resilience plan to help you thrive in times of stress and uncertainty. In this second webinar in a series on resilience, you'll learn to apply the evidence-based resilience strategies from part one to support your mental health. You'll explore cognitive flexibility, emotional tolerance and finding meaning and purpose, and you'll get the tools to develop your own tailored resilience plan. 1 CE credit.

Register Here: https://us02web.zoom.us/webinar/register/WN nEFl6g1jT-qeT8ztldFTzw

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Contact: Sam Schoenecker | 719-694-8320 | sam@professionaltransition.com

Upcoming Events

DCDS Outing at the National Zoo

Bring your family members and connect with friends and colleagues in the dental community at the National Zoo on Sunday, June 5 (10 AM Meeting Time). Watch for additional details from DCDS over the next few weeks.

DCDS Annual Awards Meeting

Join the newly-elected officers and board members on Tuesday, June 21 at 6:00 PM on the rooftop of the DCDS headquarters building. Watch for additional details.

2022 Dental Business and Legal Symposium

September 2, 2022 8 PM to 5 PM Conrad Miami / AKA Brickell / Brickell, FL

For additional details, including a list of presenters, or to register visit the event page on Eventbrite.

DCDS Member Ads

FREE Employment Ad for DCDS Members. DCDS members who are seeking employment or who have open staff positions can place a classified ad at no charge. Click on the link below to get started.

Advertise with DCDS

Classified ads in the DCDS Newsletter are easy. Simply submit your ad through the DCDS online form. We will then send you a payment link. Payment must be received prior to publication.