



District of Columbia  
DENTAL SOCIETY

# NEWSLETTER

December 2022, Vol. 68, No. 12



**Dr. Ioana "Anna" Bettios**

## **Letter from the DC Dental Society President Ioana "Anna" Bettios, DDS, MS, FACP, FICD, FACD**

Dear Colleagues,

I hope that you all had a wonderful and blessed Thanksgiving holiday, and spent quality time with family and friends. I am very grateful to our wonderful members and friends in our society and for our outstanding achievements this year to improve quality service for our members and our patients.

DCDS continues to advocate for you to improve the staffing situation in DC. On November 20, several members of the DCDS board of directors and Public Policy Committee met with the Chair of the DC Council Committee on Health, Councilmember Vincent Gray. Members provided testimonials on licensing challenges and the impact of shortages of dental hygienists and dental assistants. Many members have been forced to cut back on the number of patients they can see and have suspended their ability to accept new patients. We are even seeing some dentists and staff leave the District to practice in other areas of the DMV.

I would like to offer special thanks to Executive Director Kurt Gallagher and our lobbyist Brett Greene for their effort to secure the meeting with the councilmember. Mr. Gray was sincerely concerned about the licensing challenges and the impacts of shortages of dentists, hygienists and assistants on our members and the community we serve. It was an extremely positive meeting. He offered his support to continue discussions to advance meaningful changes. Thank you to all who participated in the discussion and for your continued commitment to representing our members' interests.

It is time for membership renewals. I want to thank our members for their support, which will enable us to finish 2022 with strong membership numbers! If you did not receive your renewal invoice for 2023 or have any ques-

### **A Look Inside...**

- Letter from the President .....1
- December CE Event .....3
- Upcoming Continuing Education Presentations.....4
- December Happy Hour .....6
- Welcome New Members.....7
- Answer the Call—Sign up for DC Dental Cares .....10
- House of Delegates meeting, DCDS Survey .....11
- DCDS News .....12
- ADA News .....16

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**Letter from the President—Continued on Page 2**

## Letter from the President—Continued from Page 1

tions about the membership renewal process, please contact the DCDS office. When you renew your membership, you may want to consider donating to the DCDS Foundation and ADPAC. Your contributions allows us to give back to the community (in the case of the Foundation) and advocate for national legislation that is beneficial for dentists (in the case of the ADPAC).

Our members are the best recruiters of new members. Our member-bring-a-new-member recruitment bonus is returning for 2023. If a dentist you recruit becomes a member of DCDS, you will receive a \$100 reward (up to four members), which will expand our membership and make our society stronger. For information, please contact the DCDS office.

We hope to see everyone during our upcoming December events before we break for the holiday season! We have two amazing events planned for December. Our December CE meeting will be held on December 8 at Catholic University and will feature a presentation by Dr. Arun Garg on “Implants and Full-Mouth Implant Rehabilitation.” Our holiday happy hour is scheduled for December 15 at Proper 21, 2033 K Street, NW. The first 40 members who attend will receive two drink tickets. See details on page 6 of this newsletter and also on our social media platforms. Finally, the DCDS board of directors will meet on December 12 to discuss matters to continue to move our society forward. We will keep you abreast of any announcements and updates.

Wishing everyone a wonderful and safe holiday season!

Best regards,

Dr. Ioana “Anna” Bettios, DDS, MS, FICD, FACD, FACP  
2022-2023 President

### ***DCDS Officers and Directors***

Dr. Ioana “Anna” Bettios  
President

Dr. Cheryle Baptiste  
President-Elect

Dr. Hillary Hochman  
Vice President

Dr. Eugene Giannini  
Treasurer

Dr. Sally Cram  
Secretary

Dr. Dr. Katie Clark  
Dr. Charles Coulter  
Dr. Chad Jones  
Dr. Aliya Kassam  
Dr. Lucciola Lambruschini  
Dr. Clare McGorry  
Dr. Allen Robinson  
Dr. Luke Schwartz

### ***DCDS Staff***

Kurt Gallagher, CAE  
Executive Director

Maeceon Lewis  
Education and Community Programs Senior Coordinator

Cheryl Michi  
Membership and Operations Associate

# December 8th Meeting (In Person and Virtual): “Implants and Full-Mouth Implant Rehabilitation”

Thursday, December 8, 2022

Clinical In Person and Virtual CE Presentation by Dr. Arun Garg

Business Meeting Begins at 5:45 PM

Education Program Begins at Approximately 6:00 PM

Lecture Format

**CE Credits Offered:** 2.5 CE Credits

**Cost:** Free to DCDS Members | \$75 Virtual for Non-Members; \$110 In-Person for Non-Members.

## Special Location

Catholic University  
Pryzbyla Center  
Great Rooms A & B  
2nd Floor  
Pryzbyla University Center  
Washington, DC

Parking is free



Note that DCDS will accept nominations for the DCDS delegation to the ADA House of Delegates during the business meeting on Tuesday, January 10, 2023.

Visit the [DCDS Registration Fees & Cancellation Policy page](#) for more details on registration and [read about Dr. Garg here](#).

**Session 1:** The Development of Full Mouth Implant Rehabilitation Procedures and the Surgical Protocols

### Learning Objectives:

- Understand how Full Mouth Implant Rehabilitation developed
- Understand the basic features and limitations of it
- Understand what anatomical structures should be engaged and which should be avoided
- Understand the prosthetic aspects and workflow

**Session 2:** Workflow for Full Mouth Implant Rehabilitation Digitally

### Learning Objectives:

- Understand how to design a FAIR case on the computer
- Understand the components involved in digital Full Mouth Implant Rehabilitation
- Understand the sequence both surgically and prosthetically for a Full Mouth Implant Rehabilitation performed digitally

Presented with Sponsorship Support from:



*Continuing Education Disclaimer: The District of Columbia Dental Society is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. It is the responsibility of each participant to verify the CE requirements of his or her licensing or regulatory agency and to contact them with any questions regarding licensing. The DC Dental Society designates the above presentations for the number of CE credits listed.*

Concerns or complaints about a CE provider may be directed to the provider or to the **Commission for Continuing Education Provider Recognition** at [ADA.org/CERP](http://ADA.org/CERP).



# Upcoming Presentations of the 2022-2023 Continuing Education Program

Monthly business meeting begins at 5:45 p.m. Educational session begins at approximately 6:00 p.m.

[Visit the DCDS website](#) for course information, speaker bios, fees and cancellation policy.



## Thursday, December 8th Implants and Full-Mouth Implant Rehabilitation

Virtual and In Person

CE Credits Offered: 2.5 CE Credits

Course Presenter: Dr. Arun Garg

### Note Special Location:

**Catholic University**

**Pryzbyla Center**

**Great Rooms A&B**

**Washington, DC**

[Register Here](#)

## Tuesday, January 10th Practical Tips for the Everyday Practicing Dentists from Composite Resins, Immediately Placed implants, and Treating the Worn Dentition.

Virtual Only

CE Credits Offered: 2.0 CE Credits

Course Presenter: Dr. Robert C. Margeas



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**ADA CERP**® | Continuing Education  
Recognition Program

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## Register Here

Visit the [DCDS website](#) for course information, speaker bios, fees and cancellation policy.

**Wednesday, February 15th**  
**Trials and Tribulations of Digital Dental Implant Surgery**  
Virtual and In Person  
CE Credits Offered: 2.5 CE Credits  
Course Presenter: Dr. Israel Puterman



**Tuesday, March 14th**  
**Orthodontics Update**  
Virtual and In Person  
CE Credits Offered: 2.5 CE Credits  
Course Presenter: Dr. Negaar Sagafi

**Tuesday, May 16th**  
**Practice Management**  
Virtual and In Person  
CE Credits Offered: 2.5 CE Credits  
Course Presenter: Dr. Robyn Reis



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# **DCDS Holiday Happy Hour**

**Thursday, December 15**

**5 p.m.**

**Proper21—K Street  
2033 K Street NW**



**First 40 DCDS members  
receive 2 free drinks!**



**Nearby Metro Stations: Foggy Bottom,  
Farragut North, Farragut West**



# Welcome New Members

**Gulsun Gul**

**Nicholas Hill**

**Priyam Kuman**

**Ahad Soleymanzadeh**

## Special Thanks

### Platinum Sponsor



### Gold Sponsor



### Partners



# New Guidance on Indoor Mask Requirements for Dental Practices

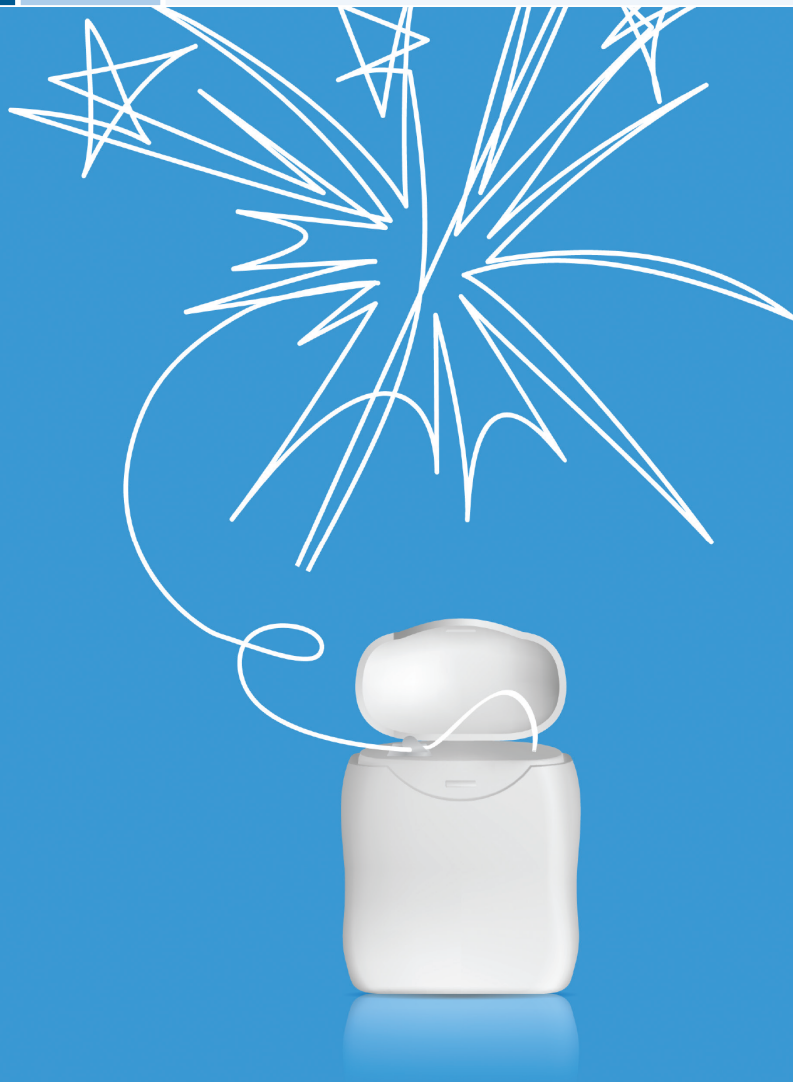
The ADA has provided resources and indoor mask guidance for dental practices and waiting areas.

Click on button below for details.

[Indoor Mask Guidance For Your Practice](#)







## STATE DENTAL ASSOCIATION MEMBERS LIKE YOU ARE CELEBRATING THE SAVINGS.

“

*"I save 25% compared to shopping elsewhere.  
I use TDSC.com all the time and encourage any  
dentist to look into it today!"*

*-Dr. Scott Sutter, Northern Nevada Endodontics*

”

Access additional savings for State Dental Association members on supplies you love from brands you trust. Get next-day delivery\* on thousands of in-stock items.

\*Exclusions apply. Next-day delivery is provided for over 95% of line items, dependent on inventory levels and time of order placement. Drop-ship items do not fall under this claim, delivery estimates and exclusions can be found on each product detail page.



## Answer the call

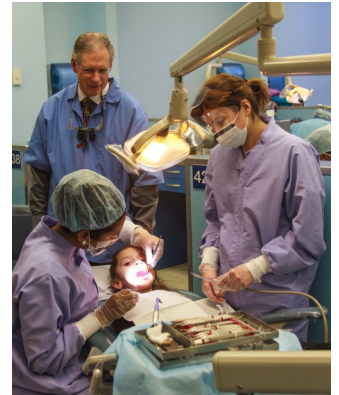
### DCDS Pro Bono Program Lets You Provide Care in Your Practice



DC Dental Cares is a pro bono program of the DCDS Foundation created to enable humanitarian outreach by DCDC members in our local community. DCDS has partnered with the Catholic Charities Healthcare Network (CCHCN) to provide dental care for the most vulnerable and in need members of our community. This program is win-win: for our community, for the individuals who receive dental procedures that would not otherwise be possible due to costs, and for the DCDS volunteer who gains that warm feeling that comes from doing good.

Patients are fully vetted for need by CCHCN, and the treating dentist sets the level of care provided. You can treat one person a year or several a month, all while in the comfort of your own office. Sign up using our brief online form via the button below.

*Photo features just some of the DCDS members who have given their time to provide free care to the DC community in recent years.*



## Sign Up for DC Dental Cares

### *Giving to Others*

*"I have been working with Catholic Charities providing pro bono dental care to the needy for over 20 years. The program developed by the DCDS Foundation in collaboration with the CCHCN is exactly what I have been doing for all these years, but now instead of working with this program as an individual I am now doing it through the Foundation so that our presence in the community is visible. The program is well developed and easy to join.*

*When CCHCN sends me a patient, I treat them like a new paying patient in my practice. I take a Full Mouth series of radiographs and do thorough exam to ascertain what the individual needs. Sometimes I just treat the emergency and sometimes I deliver comprehensive care. The patient and in many cases the accompanying family members can't stop thanking me. Their genuine smiles alone are good enough pay for me. Many bring little tokens from their country some send beautiful notes while others just give a nod and a smile. I can honestly say that I feel I get more out of giving to these folks than I actually give to them, because what I do daily is help people and it is routine for me, but when someone in need who can't afford dentistry feels better, looks better, smiles for the first time in a long time, gives me a hug and a huge thank you.... my day is fulfilled and I know I am making a difference in the day to day lives of someone other than myself. "*

*Dr. Margaret Culotta-Norton*

## DCDS Representatives Attend ADA House of Delegates Meeting

Several DCDS board members attended the ADA's Annual House of Delegates meeting from October 15-18 in Houston, Texas. The meeting included remarks by outgoing ADA president Cesar Sabates and 2023 president George Shepley; nominations of officers, reference committee hearings, a SmileCon report, acknowledgement of outgoing trustees and officers, and installation of 2023 officers and new trustees.

[Read Secretary's report](#) for more details.

## Help Reimagine DCDS Monthly Meetings

Too long? Too late? Inconvenient location? Just right?

Help DCDS rethink how our monthly continuing education events are conducted. Please share your input by answering a handful of short questions



[Take Survey](#)

## DCDS News

### Podcast Featuring DCDS Executive Director

DCDS Executive Director Kurt Gallagher was recently the featured guest on a podcast by Association Leadership Radio. Listen to Kurt discuss his association experience, DC Dental Society and his leadership role with our Society.



### DCDS Member Ads

**FREE Employment Ad for DCDS Members.** DCDS members who are seeking employment or who have open staff positions can place a classified ad at no charge. Click on the link below to get started.

#### Advertise with DCDS

Classified ads in the DCDS Newsletter are easy. Simply submit your ad through [the DCDS online form](#). We will then send you a payment link. Payment must be received prior to publication.

## “Like” Us on Social Media



[facebook.com/dcdental](https://facebook.com/dcdental)



[twitter.com/DCDentalSociety](https://twitter.com/DCDentalSociety)



[linkedin.com/in/dcdentalsociety](https://linkedin.com/in/dcdentalsociety)



[instagram.com/dcdentalsociety](https://instagram.com/dcdentalsociety)

An advertisement for UPS. On the left, a woman is smiling and holding a drink. The background is dark with warm lighting. Text on the right reads: 'Members Save Up to 50%. Send more without spending more this holiday season. Save Now'. The UPS logo is in the top left corner.

# DACS

District Addiction Consultation Service

Supporting  
prescribers  
across the  
District of  
Columbia



## District Addiction Consultation Service (DACCS)

**DACS** supports primary care and specialty prescribers in addressing the needs of their patients with substance use disorders and chronic pain management.

### Consultation



Phone consultation for clinical questions provided by our team of expert addiction medicine specialists

### Education



Education and training opportunities

### Resources & Referrals



Assistance in the identification of substance use and behavioral health resources and referrals

**1-866-337-DACS (3227)**

**[www.DistrictACS.org](http://www.DistrictACS.org)**



*Funding for DACS is provided by the District of Columbia Government, DC Health, Health Regulation and Licensing Administration (HRLA), Pharmaceutical Control Division (PCD).*

# DENTAL BANKING

**IF IT TAKES EIGHT YEARS TO  
BECOME A DENTIST, WHEN ARE  
YOU EXPECTED TO DRILL INTO  
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Let's talk about making your job a little easier. Call P.W.  
at 800.399.5919 ext. 6816 or visit [sandyspringbank.com/dental](http://sandyspringbank.com/dental).



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# RESOLVE TO KEEP MORE OF WHAT YOU EARN IN THE NEW YEAR



## GREAT SAVINGS

\$4,221 / 28% average annual savings for DCDS Members



## SAVE TIME and STREAMLINE

All card payments in one place, including recurring, website, Text-to-Pay and Card Vault  
Auto-post payments to patient ledger



## GREAT SERVICE

Best Card's Denver-based team is ready to help

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## FIND OUT WHAT BEST CARD CAN SAVE YOUR PRACTICE

**Fax or email a recent credit card processing statement to 866.717.7247 or [Compare@BestCardTeam.com](mailto:Compare@BestCardTeam.com) to receive a no-obligation savings analysis and a \$5 Amazon gift card**



*Scan to request more info and a detailed rate analysis*

## **Md. senator shares inspiration for Medicaid dental coverage bill**

*ADA Morning Huddle, December 5, 2022*

Maryland State Sen. Malcolm Augustine said he was inspired to introduce a bill requiring adult dental coverage in the state's Medicaid program after visiting a free dental clinic at the University of Maryland and seeing the many people who did not have dental coverage, State of Reform reported. "My constituents shared with me how they could not afford the out-of-pocket dental care, [how] they suffered, and [how] they had long waited for this event," he said. "In retrospect, I noticed some of these folks had not smiled, and this was just wrong, simply wrong." Sen. Augustine's [bill](#) was enacted into law and takes effect in January. The [ADA](#) has advocated for higher Medicaid reimbursements for dental care and encouraged dentists to participate in the program.

[Full Story: State of Reform](#)

## **2022 Survey of Dental Fees now available!**

*ADA Morning Huddle, November 30, 2022*

ADA's [2022 Survey of Dental Fees](#), available free to members or for purchase through the ADA Store, provides an analysis of self-reported fees by procedure from a nationwide, random sample of dentists. Specialists and general dentists recorded the fees they charged most often for over 200 dental procedures. The survey is a collaborative report from the ADA Center for Dental Practice Policy and ADA Health Policy Institute.

[Download your copy today!](#)



## CDC distributes over \$3B to improve US health infrastructure

*ADA Morning Huddle, December 1, 2022*

The Centers for Disease Control and Prevention is awarding more than \$3 billion in grants to all state, territorial and local health departments, Reuters reported. The grants will fund efforts to build and strengthen the country's public health infrastructure and workforce, which were put under severe stress by the COVID-19 pandemic, CDC Director Rochelle Walensky, M.D., said.

[Full Story: CDC awards billions in grants](#)

## Attend the Midwinter Meeting Feb. 23-25

*ADA Morning Huddle, November 30, 2022*



The Chicago Dental Society Midwinter Meeting is back and features more than 120 speakers presenting 240+ courses! Explore hundreds of exhibitors showcasing the latest advancements in dentistry. Become a CDS member for only \$125, register for free and be eligible for a \$270 lecture package.

[Register now!](#)

## **Develop a strategic hiring plan to fill workforce openings**

*ADA Weekend Huddle, December 3, 2022*

Dental practices can develop a strategic hiring plan to help address workforce shortages, dental practice performance coach McKenzie Berry writes in DentistryIQ. Ms. Berry identifies the three key components of a plan as a job candidate's contact experience with the dental practice, competitive wages and benefits and patience. She recommends waiting for the right job candidate -- even if the practice really needs to hire. "Hiring the wrong candidate, subsequently dealing with office drama due to ineptitude or incompatibility or worse yet, having to let them go is immeasurably stressful on the office manager as well as the whole office," Ms. Berry writes.

[Full Story: Strategic hiring plans for workforce shortages](#)

## **Charitable efforts can build positive brand image**

*ADA Morning Huddle, December 5, 2022*

Dentists can make a difference for community oral health and grow their business by letting the public know about their team's charitable activities on social media and on their website, according to Dental Economics. The dental office can be part of a local or national dental charity organization or run activities that they can do by themselves, such as pledging the proceeds of a single day of teeth whitening to a charity.

[Full Story: Dentists can let public know about their charitable efforts](#)

## What are the clinical features and sites of oral lesions in patients with monkeypox infection?

*ADA Weekend Huddle, December 3, 2022*

A systematic scoping review highlights the population characteristics of persons infected with monkeypox and the clinical manifestations of associated oral lesions to support dentists in the prompt medical referral of patients with suspected monkeypox infection.

[Sign up or sign in](#) to PracticeUpdate Clinical Dentistry to read more. It's free!

## Happy holidays! Start decorating with floss-some free crafts!

*ADA Morning Huddle, December 1, 2022*



The holidays are here! Get your dental office dressed up for the season with DIY snowflakes and ornaments featuring fun dental motifs. [Download yours today.](#)

Find more free activities and resources for patients at [MouthHealthy.org](#).

## Put the pliers down, let the pros do their job.

Some brokers just send you the candidate and leave all the heavy work to you -  
*Would your patient pull their own teeth?*

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Harry Snyderman, DDS x230

## Considering selling to a DSO? Don't, until you read this.

“

Choice walked me through the process, presented the best offers, and made the experience much less stressful by handling all the negotiations. In the end, I received more for my practice than I ever expected. The best part is that Choice provided all the consultation and services to me without charging any fees! If you are considering selling to a DSO, I highly recommend you contact Choice instead of directly contacting the DSOs.

”

**Commission free. DSO Choice.**

Call 774-DSO-INFO • [choicetransitions.com](http://choicetransitions.com)

