

# District of Columbia DENTAL SOCIETY NEWSLETTER

October 2019, Vol. 65, No. 10



Dr. Steven A. Guttenberg

#### *Letter from the DC Dental Society President Steven A. Guttenberg, DDS, MD*

It was great seeing many of you at the September 10 CE Meeting. We had a wonderful turn out and the attendee feedback on speaker Dr. Mike DiTolla has been extremely positive. The number of new faces

attending last month's meeting was also impressive. Kudos to the Membership and Membership Benefits Committees led by Drs. Anna Bettios and Maya Oliver, respectively, for all their hard work with engaging new Society membership

As a reminder, there will be no CE meeting this month as the second Tuesday conflicts with Yom Kippur. Instead, join us on Monday, October 7 from 6 p.m. to 7 p.m. for a clinical CE webinar titled "E-Cigarettes and Vaping: What We Know and What We Don't," presented by Dr. Judith S. Gordon, Professor, Family and Community Medicine, University of Arizona. This is a timely topic so I encourage everyone to attend.

Also occurring this month is our Fall Symposium for Licensure that will occur on Thursday, October 24 at the Georgetown University Conference Center. This symposium will include all CE courses required by the DC Board of Dentistry for dentists, except CPR. In addition to dentist license requirements, the event will also include the licensing requirements for dental assistants and hygienists. Don't miss the opportunity to fulfill your licensure requirements in one day. Remember, all dentist, hygienist and assistant licenses/registrations expire December 31, 2019. To register, visit the <u>DCDS website</u>.

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I hope to see you all at our next in-person CE Meeting which will occur on Tuesday, November 12. A reminder that immediately prior to the CE presentation, the membership will be asked to approve updates to the DCDS bylaws, as well as a \$20 dues increase for 2020. The Board has determined that this modest increase is necessary for the Society's ongoing fiscal health.

Sincerely,

Steen Cer ( uttaber )

Steven A. Guttenberg, DDS, MD DCDS President

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## **Welcome New Members**



**Dr. Humam Alathari** obtained his undergraduate degree overseas, where he also completed four years of medical school. In the United States, he graduated from Virginia Commonwealth University in 2005. He has practiced general dentistry and has a special focus on aesthetic dentistry. Dr. Alathari currently maintains practices in Washington, DC, Georgetown, and Woodbridge, VA for general and aesthetic dentistry.



**Dr. Keri Giron** received her dental degree from the University of Missouri, Kansas City. She currently practices at Whitman-Walker on 14<sup>th</sup> Street. Outside of her practice, Dr. Giron enjoys traveling, hiking, bicycling, dancing, live music, good food, spending time with family and friends, playing piano, photography, crafts, painting, playing sports, cooking and baking.



**Dr. Pamela Vranis** received her undergraduate degree from the Johns Hopkins University where she played on the women's soccer team for four years. She received her dental degree from the University of Maryland and focused her interest in restorative dentistry. Dr. Vranis is of Greek heritage and is thrilled to be practicing with Dr. Chris Loukaitis in D.C.



**Dr. Marla Yee** received her dental degree from the University of Maryland School of Dentistry. Upon graduating, she went on to complete a General Practice Residency at NYU Langone Hospital – Brooklyn where she received specialized training in Oral Surgery, Endodontics, Prosthodontics and Pediatric Dentistry. Dr. Yee is also Invisalign certified. In her spare time, Dr. Yee enjoys baking, yoga and crafting.

# **E-Cigarettes and Vaping: What We Know and What We Don't**

#### October CE Webinar

There is no monthly meeting in October due to Yom Kippur. Instead, join us on Monday, October 7 from 6 p.m. to 7 p.m. for a CE webinar titled "**E-Cigarettes and Vaping: What We Know and What We Don't**," presented by Dr. Judith S. Gordon.

For more details, and to register, <u>click here</u>. Space is limited. Pre-registration ends at 5 p.m. on Sunday, October 6.

#### Abstract:

E-cigarette use has become an epidemic among adolescents and young adults in the United States. New information and research results are emerging on these products every day. There are many short-term health consequences related to vaping, but nothing is yet known about the longterm health effects. Oral health professionals are uniquely qualified to discuss e-cigarette use with their adult and adolescent patients. Accurate information is crucial to providing patients with evidence-based advice.



#### **Learning Objectives**

After this session, participants will be able to:

- Discuss the known health effects of vaping with adolescent and adult patients
- Provide prevention information to adolescent patients
- Discuss risks and benefits of vaping with adults who smoke and/or vape

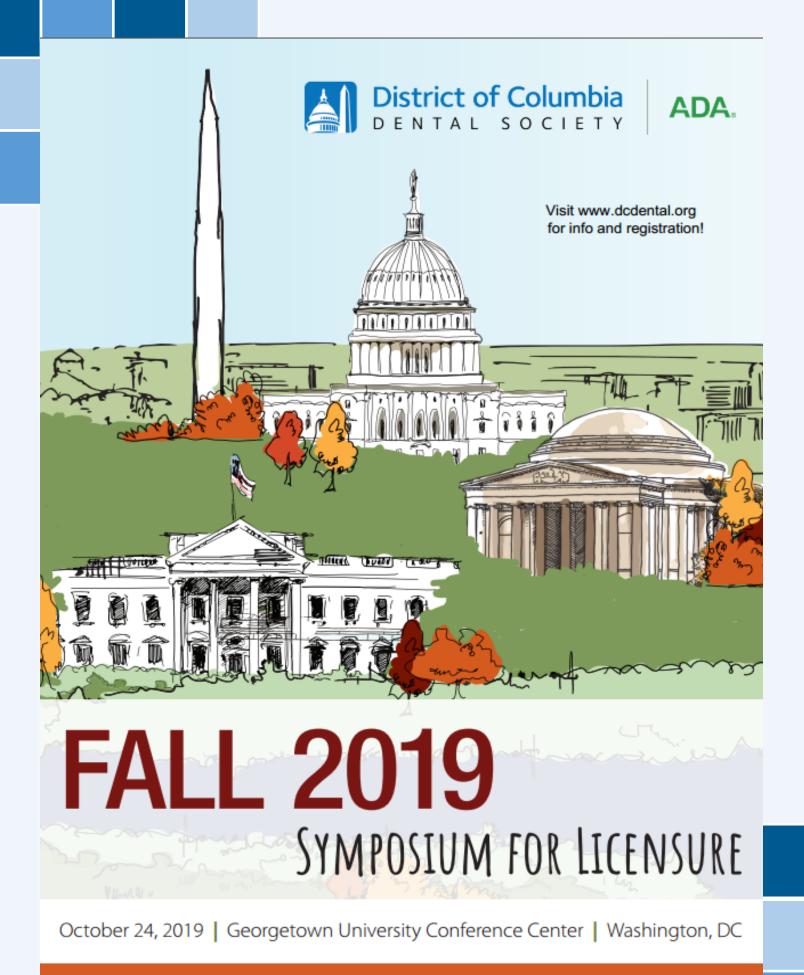
#### About Judith S. Gordon, PhD

Professor and Interim Associate Dean for Research, College of Nursing Professor, Family and Community Medicine, University of Arizona

Dr. Gordon received her PhD in Clinical Psychology from the University of Oregon in 1996 and completed her internship at the Portland VA Medical Center. Dr. Gordon has 25 years of experience in tobacco cessation and prevention research. She has conducted seminal research on tobacco cessation in dentistry and is currently funded on two projects aimed at reducing e-cigarette use among youth and adults. Dr. Gordon has been Principal or Co-Investigator on more than 40 projects funded by the National Institutes of Health, the Department of Defense, NASA, private foundations, and the University of Arizona. She has authored or co-authored over 120 books, products, and publications in peer-reviewed journals, and is a contributor to the upcoming Surgeon General's Report on Oral Health. Dr. Gordon has presented at numerous local, regional, national and international scientific conferences and to hundreds of healthcare professionals in clinical settings.

The DC Dental Society is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. The DC Dental Society designates this presentation for 1 CE.

E·R·P<sup>®</sup> Continuing Education Recognition Program



# Local Anesthesia Update and Review; Improving the Patient Experience

#### November Monthly Meeting

The November DC Dental Society monthly meeting will be held Tuesday, November 12 at the Westin Georgetown and will feature two sessions by Dr. Dean M. DeLuke:

Patients commonly report fear or dread related to dental anesthesia—they either fear the injection itself, or they report that the anesthetic did not completely alleviate the pain of the procedure. This two-part presentation will cover advances in anesthetic agents and armamentarium, review of pertinent anatomy and pharmacology, and troubleshooting complications and anesthetic failures.

**Session 1-** The first session will review clinically relevant pharmacology and anatomy critical to the safe and effective administration of local anesthesia. Alternate techniques that may be employed in certain specific clinical contexts will also be discussed.

**Session 2-** This session builds upon the foundation material presented in the first session and attendees are strongly encouraged to participate in both sessions. Session 2 focuses on the recognition and avoidance of complications, troubleshooting anesthetic failures and newer concepts in local anesthesia administration—including but not limited to buffering agents, alternate delivery mechanisms, and an approach to the patient with reported allergy to local anesthesia.

For more details, including the speaker bio and learning objectives, <u>click here</u>. Space is limited so members are encouraged to register as soon as possible. Pre-registration ends Monday, November 11 at 5:00 p.m.

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ADA C·E·R·P<sup>®</sup> Continuing Education Recognition Program Presentation Topic

Local Anesthesia Update and Review; Improving the Patient Experience

Schedule 5:30 p.m. –Registration/ Buffet Opens 5:45 p.m. — Business Meeting

6:00 p.m. — Session 1 7:30 p.m. — Break 7:45 p.m. — Session 2 8:45 p.m. — Event Ends *Location:* Westin Georgetown 2350 M St NW Washington, DC 20037

Parking at the Westin

Before 5:00 p.m.: \$15 After 5:00 p.m.: \$10



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## Happy Hour on November 20th

Join us for the Fall Happy Hour! Network with DC dental professionals!

The next DCDS Happy Hour is Wednesday, November 20 at <u>Calico</u>, from 5 p.m. to 7 p.m.

Calico: 50 Blagden Alley NW, Washington, DC 20001 Mark your calendar! <u>Click here to sign up for a reminder</u>





## **Member Vote on Dues Increase**

The DC Dental Society Board of Directors has proposed a membership dues increase of \$20 for the 2020 membership year. Per the bylaws, the membership must vote on any dues increase before it goes into effect. This vote will take place on November 12 during the business meeting, immediately prior to the monthly CE program. The business meeting will start at 5:45pm.

This proposal would make the active member annual dues for DCDS \$670. The Board has determined that this modest increase is necessary for the Society's ongoing fiscal health. DCDS members do not have to pay state dues, but have access to the same amount or more educational programming as their Maryland and Virginia counterparts.

Member dues support:

- A professional staff that maintains member CE records and a professional website and database; coordinates the logistics for Society CE meetings and events; coordinates Society business with the ADA; and provides sales and sponsorship support for Society events
- 6 monthly CE meetings and 2 webinars, providing 17 CE hours to members, which in addition to the CE presentation includes a complimentary networking dinner
- Exclusive invitations to Society networking events and career workshops
- Entry into the DCDS/ADA Find-A-Dentist web tool
- Reduced advertising rates in the Society's newsletter and on-line classifieds
- Access to discounted goods and services through DCDS/ADA Affinity Programs

The November 12 monthly meeting is at the Westin Georgetown, 2350 M Street NW, Washington, DC 20037. To register for the meeting, <u>click here.</u>

### **Constitution and Bylaws Committee Revisions to Bylaws**

Members will vote on changes to the bylaws at the November monthly meeting. These changes were announced at the September monthly meeting. The changes update the bylaws to reflect current practice. Members are urged to <u>read the bylaws changes</u> and come prepared to vote.



Please <u>click here</u> for the full committee recommendations.

### **The ADA Complete HIPAA Compliance Kit**

HIPAA compliance is one of the most important — and challenging — undertakings for a dental practice. The ADA Complete HIPAA Compliance Kit has tools to help you design and implement a comprehensive HIPAA compliance program. It includes:

The ADA Practical Guide to HIPAA Compliance: Privacy and Security Manual The ADA Practical Guide to HIPAA Training A three-year Subscription to the HIPAA Compliance Update Service



#### The ADA Practical Guide to HIPAA Compliance has been revised to reflect

the changes prescribed by the 2013 Omnibus Final Rule. Using a step-by-step approach, it also has the following tools to aid in comprehension and documentation:

- A revised sample Business Associate Agreement
- A revised sample Notice of Privacy Practices
- A glossary of key terms

#### Watch a video on 2013 HIPAA Updates

For more information, please visit the ADA website.

## **Premiere Partners Announcement**

The District of Columbia Dental Society is pleased to announce its 2019-2020 Premier Partners. Partner representatives will be present at DCDS monthly meetings and the Fall Symposium. To learn more about our premier partners, please click on the logo to visit their website.



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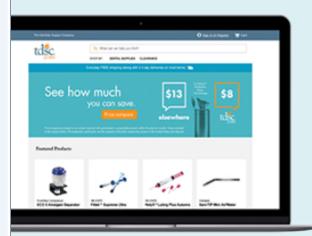


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## Mark Your Calendar: 2019-2020 Continuing Education Program

The 2019-2020 Continuing Education Program continues Monday with the clinical webinar titled: "E-Cigarettes and Vaping: What We Know and What We Don't" by Dr. Judith S. Gordon.

Six in-person meetings and two webinars are scheduled for the 2019-2020 term amounting to a total of 17 hours of CE (16 clinical hours of CE). CE activities occur the second Tuesday of the month unless noted otherwise. For in-person meetings, networking and dinner will be available beginning at 5:30 p.m.

Monthly meetings are included with DCDS membership. As space is limited, members are encouraged to register as early as possible.

Date	Торіс	Format	Speaker	Location	
Oct. 7, 2019 6:00 p.m.	E-Cigarettes and Vaping: What We Know and What We Don't	Webinar (1.0 CE)	Dr. Judith S. Gordon	Online	<u>REGISTER</u>
Nov. 12, 2019 6 :00 p.m.	Local Pain and Anesthesia Man- agement	In-Person Meeting (2.5 CE)	Dr. Dean M. DeLuke	Westin Georgetown	<u>REGISTER</u>
Dec. 10, 2019 6:00 p.m.	Sleep Related Breathing Disor- ders in Dentistry-Time to Look Beyond the Teeth	In-Person Meeting (2.5 CE)	Dr. John Comisi	Washington Marriott Georgetown	REGISTER
Jan. 14, 2020 6:00 p.m.	Implant Failures/Implant Reha- bilitation	In-Person Meeting (2.5 CE)	Dr. Rodrigo Neiva	Westin Georgetown	<u>REGISTER</u>
Feb. 11, 2020 6:00 p.m.	TBA (Practice Management Topic)	Webinar (1.0 CE)	ТВА	Online	REGISTER
Mar. 10, 2020 6:00 p.m.	The Beauties and the Beasts: Greatest Hits and Misses of Cosmetic Dentistry	In-Person Meeting (2.5 CE)	Dr. Mark Hyman	Westin Georgetown	<u>REGISTER</u>
May 12, 2020 6:00 p.m.	Top Ten Medications	In-Person Meeting (2.5 CE)	Tom Viola	Westin Georgetown	REGISTER

## **DC Program Provides Student Loan Repayment** for Eligible Dentists

The District of Columbia Department of Health has begun accepting applications for its Health Professional Loan Repayment Program (HPLRP). Eligible participants must practice in underserved areas of the District for at least two years.

The applications deadline is October 30, 2019. For more information about the HPLRP program, including guidelines and the application package, please visit the <u>DCHealth website</u> or contact the loan repayment program direct at <u>HPLRP@dc.gov</u> or 202-442-9168.



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**Contact:** Ryan Patel, DDS, OMFS | 408-506-8919 | <u>dr.patel@moonlightoralsurgery.com</u>

#### **Dental Space to Share**

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Contact: 202-669-0833 | drtooth30@aol.com

#### Panoramic 1000 X-Ray Machine

**Description:** Panoramic 1000 Cephaloramic x-ray machine with CEPH and TMJ capabilities. Analog with all updates completed. In perfect condition. Contact for price.

Contact: Jeffrey Singer | 202-265-0525 | vze237s22@gmail.com

#### **Advertise with DCDS**

Classified ads in the DCDS Newsletter are easy. Simply submit your ad through <u>the</u> <u>online form</u>. We will then send you an invoice. Payment must be received prior to the publication date.

#### **Deadlines:**

The Newsletter is distributed on the first Wednesday of every month. Ads are due to the Society two weeks prior to the publication date.