



District of Columbia  
DENTAL SOCIETY

# NEWSLETTER

March 2019, Vol. 65, No. 3



Dr. Chris Loukaitis

## *A Letter from the DC Dental Society President Chris Loukaitis, DDS*

Dear Colleagues,

Last month saw two very important “firsts” for our Society. On February 12, we held our first ever continuing education webinar with Mr. John Murphy III, which was very well received. I believe that moving forward, webinars will be a very effective way to supplement our monthly meeting offerings with relevant and accessible educational programming. Any member who was not able to attend the webinar can access an on-demand recording of it [here](#). I am also very pleased to announce that last month, our inaugural DCDS Spring Symposium for Licensure officially sold out! To have sold out the event nearly two months in advance is a great achievement for our Society, and has showed us that there is a high demand for licensing-focused programming. For anyone who was not able to register for the Spring Symposium, do not fear! DCDS leadership is actively exploring options for additional licensing-focused programming later in the year and will be sending out more information in the coming months. In order to facilitate this, please take a few minutes to fill out [this survey](#) regarding the new LGBTQ cultural sensitivity requirement. I would also encourage those who wish to attend the event on April 4 to add their name to the event waiting list, which can be found [here](#).

Time is running out to submit nominations for the DC Dental Society’s open Committee and Board of Directors positions. The deadline to submit a committee nomination or self-nomination [online](#) is this **Friday, March 8**. Committees are a vital part of how the Society conducts its business and allow members to make an impact in a specific area of interest. Participation in a committee is also a great way to prepare you for a future Board of Directors or officer position in the Society. A full list of DCDS committees can be found on the [DCDS website](#). Nominations for open board positions will be accepted during the business meeting at the March 12 monthly meeting. If you are interested in running for the Board of Directors, please contact DCDS Executive Director Doug Fesler at [dfesler@dcdental.org](mailto:dfesler@dcdental.org).

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Though the Awards Dinner is still a few months away, I encourage all of our members to begin thinking of candidates for one of our [Society Awards](#) or [DCDS Foundation Awards](#). These awards recognize DCDS members who have made outstanding contributions to DCDS and to the overall improvement of oral health in the District of Columbia. Nominations can be submitted by filling out this [online form](#) and will be accepted through April 1.

Finally, I would like to remind all members that we will be returning to the Westin Georgetown next Tuesday, March 12, for our March Monthly Meeting. This month's presentation will be given by Dr. Steven Morgano and is titled "Restoration of Endodontically Treated Teeth." Thus far, all of our 2018-2019 meetings have reached pre-registration capacity, so I encourage all members to register as soon as possible. Pre-registration will close at 5 pm on Monday, March 11. For more details about the presentation or to register, please click [here](#).

See you all at next week at the Westin Georgetown!

Sincerely,



Chris Loukaitis, DDS, MS, FICD, FACD  
*President, DC Dental Society*

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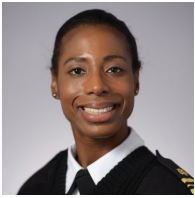


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## Welcome New Members



**Dr. Eleanor Fleming**— Dr. Fleming received her DDS from Meharry Medical College in Nashville, TN. She also completed a graduate program at the Centers for Disease Control and is currently enrolled in another graduate program through the Boston University School of Dental Medicine. Dr. Fleming has had her work published in peer review journals and has presented at both national and international conferences. Dr. Fleming's background is as a dental epidemiologist, and she currently works at the National Center for Health Statistics as a dental officer.



**Dr. Gregory Martin**— A native of Northern Virginia, Dr. Martin completed undergraduate and graduate programs at Georgetown University in mathematics. During this time, he volunteered as a dental assistant at a community health clinic and eventually earned his DDS from the University of Maryland School of Dentistry. Dr. Martin is passionate about volunteering in the local community, and also works as a group fitness instructor. He loves classical music, traveling, and is fluent in German. Dr. Martin practices with fellow DCDS members Drs. Carol Blake and John Beschenbossel at Blake Dental Group in Friendship Heights.

**Dr. Alexandra Murty**—Dr. Murty completed her undergraduate studies at Penn State University. Following this, she completed dental School at New York University, and graduated in the spring of 2018. Dr. Murty is a member of the Northern Virginia Dental Society and is joining DCDS as a metropolitan member. She practices at Smile Center in Washington, DC.



**Dr. Stephanie Simmonett**— Dr. Simmonett received her dental degree from Roseman University of Health Sciences in South Jordan, Utah. She graduated in the spring of 2018 and now practices alongside fellow DCDS members Drs. Samantha Siranli, Johanna Huijssoon, Michael Blicher, and Myly Nguyen at Siranli Dental near Foggy Bottom.

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# Restoration of Endodontically Treated Teeth

## March Monthly Meeting

The March DC Dental Society monthly meeting will be held Tuesday, March 12 at the Westin Georgetown and will feature a presentation by Dr. Steven Morgano titled “Restoration of Endodontically Treated Teeth.”



### Session Abstract

Guidelines for restoring endodontically treated teeth are well established; nevertheless the principles behind these guidelines were developed decades ago primarily from in vitro studies or retrospective studies of metallic posts cemented with conventional cements. New materials and techniques have been introduced for the restoration of pulpless teeth, and there are additional clinical studies in the literature, not only on traditional materials and methods but also on the more novel materials. This presentation will critically review the latest available evidence on restoring pulpless teeth and suggest practical guidelines for the clinician.

### Learning Objectives

At the completion of part one, the participant will:

- Be familiar with the literature supporting traditional recommendations for restoring pulpless teeth
- Be familiar with the most recent literature related to newer materials and techniques used in the restoration of pulpless teeth
- Have a clear understanding of the advantages, disadvantages, indications and contraindications of materials and techniques for the restoration of pulpless teeth

At the completion of part two, the participant will:

- Be able to determine if a severely compromised tooth is worth saving with endodontic therapy
- Be able to critically judge newer materials and techniques for the restoration of pulpless teeth
- Be able to apply traditional principles to the restoration of pulpless teeth.

<i>Presentation Topic</i>	<i>Location</i>
Restoratoion of Endodontically Treated Teeth	Westin Georgetown 2350 M St NW
<i>Schedule</i>	Washington, DC 20037
5:30 p.m. — Registration/Buffer Opens	<i>Parking at the Westin</i>
5:45 p.m. — Business Meeting	Before 5:00 p.m.: \$15
6:00 p.m. — Session 1	After 5:00 p.m.: \$10
7:30 p.m. — Break	
7:45 p.m. — Session 2	
8:45 p.m. — Event Ends	

For more information on Dr. Morgano or to register for the March Monthly Meeting, please click [here](#). Space is limited, so as always members are encouraged to register as soon as possible. Pre-registration ends Monday, March 11 at 5:00 p.m..

The DC Dental Society is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. The DC Dental Society designates this presentation for 2.5 CE.



# Get Involved! Nominations Sought for Open Board and Committee Positions

There are many opportunities for DCDS members to get more involved in directing the future of the society. In addition to openings on the Board of Directors, several DCDS committees have openings as well. The following committees will have vacancies opening in 2019-2020:

- Constitution and Bylaws
- Education
- Membership
- Membership Benefits
- New Dentist Sub-Committee
- Professional Standards
- Public Policy
- Public Relations
- Strategic Planning

Committees are a great way for members to get involved in specific areas of interest, while the Board of Directors is responsible for guiding the Society's strategic goals and activities. A full list of committees and their current members can be found [here](#). Any member that is interested in joining a committee should fill out this [form](#). Online nominations will be accepted through **Friday, March 8**. Nominations for board positions will also be accepted at the March 12th business meeting, occurring prior to the monthly meeting. If you are interested in serving on the Board of Directors, please contact DCDS Executive Director Doug Fesler at 202-367-2341 or [dfesler@dcdental.org](mailto:dfesler@dcdental.org).

## ADA President Jeffrey Cole Interviewed on "Tooth Talk" Podcast

The [ADA News](#) (1/30) reports the January 14 episode of Tooth Talk, the "new podcast series that the ADA's Political Action Committee launched last fall," featured an interview with ADA President Jeffrey M. Cole. Podcast hosts Sarah Milligan, ADPAC's director of political affairs, and Peter Aiello, ADPAC's manager of grassroots education and digital advocacy, "keep dentists and dental professionals informed on all the latest news in Washington." Discussing his passions for advocacy and fostering the next generation of dental leaders, Dr. Cole said, "If I could do that every day and that was my main job, I would love it. It is absolutely exciting to see the caliber of individuals that we're attracting to our profession; they are the best of the best."



Tooth Talk can be found on all major podcast platforms, including iTunes, Spotify Google Play, and Stitcher.



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## ADA Membership Benefits

As members of the American Dental Association, DCDS members get access to exclusive benefits and discounts on everything from rental cars to payment processing services! Below are some of this month's featured discounts and member benefits.

**ADA Member Advantage<sup>SM</sup>**

- [CareCredit](#): In December, CareCredit announced that its patient financing tool had been fully integrated into Henry Schein's dental practice management software. This tool provides flexible financing options to families who may not be covered by insurance.
- [Chase Credit Card Processing](#): New customers can receive a special \$300 statement credit through the end of March. ADA members save an average of \$1,900 per year on debit and credit card processing with Chase.
- [Mercedes Benz](#): Members get a special \$2,250 Star Access incentive on the purchase or lease of a new 2019 C-Class Sedan along with a low APR of 2.99%. **This offer is valid through March 31, 2019.**
- [OnPay](#): ADA Members can expect to save 50% or more with OnPay as compared to traditional payroll services. OnPay also offers automated processing of tax payments, free migration of existing employee data, and includes an error-free guarantee.
- [PBHS](#): An ADA-endorsed solution for website, marketing, and secure email services now offers a new HIPAA-compliant service known as Secure Drop. This tool makes it easier than ever to share patient images and documents in a safe-HIPAA compliant fashion.
- [UPS](#): UPS recently updated its members-only flat rate pricing, including savings of 45% on Domestic Next Day/Deferred, 25% on Ground shipments and up to 50% on additional services. Be sure to re-enroll to receive the updated rates!

Please contact the DCDS office if you have any questions or issues relating to these benefits and discounts.

## DCDS Awards Nominations

DCDS and the DCDS Foundation are now accepting nominations for its annual awards that recognize the contributions of our members and community leaders working towards improving oral health in the District. Recipients of this year's awards will be honored at the June 4 DCDS Awards Dinner. You can view the details of each award [here](#), or nominate a member by filling out this [form](#). **The deadline to receive award nominations is Friday, March 29.**





# Trends in Dental Practice Transitions

## May CE Webinar

On Tuesday, May 14, the DC Dental Society will be hosting a continuing education webinar entitled “Trends in Dental Practice Transitions” by Dr. Thomas L. Snyder. **There will not be an in-person monthly meeting in May.** The live webinar is 6pm to 7pm, and attendees will be able to ask questions through the webinar platform.



### Session Abstract

This webinar will present an overview on how our current and future dental marketplace may impact your practice transition plans. A review of various practice transition options will also be presented. Topics include the do’s and don’ts of hiring an associate, understanding the basics of practice valuations, and avoiding pitfalls in a partnership.

### Learning Objectives

After this session, participants will be able to:

- Understand the fundamentals of Transition Planning;
- Understand why practice values vary around the country;
- Understand when it makes sense to recruit an associate

For more information about Dr. Snyder or to register for the May Webinar, please click [here](#). Space is limited, so members are encouraged to register as soon as possible. Please note that this will be a practice management presentation; the credits will not count towards renewal of a DC dental license.

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Saturday, April 27, 2019

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**Walkers: \$30 to pre-register, \$35 day of event**  
**5K Runners: \$35 to pre-register, \$40 day of event**  
**6-10 year olds: \$15**  
**Children 5 and under are FREE**

### REGISTRATION:

**For more information or to register, please visit:**  
**<https://donate.oralcancer.org/event/dmvoralcancer5k>**

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- **Post-Operative Discomfort:** To avoid the use of narcotics we offer Experal, a long acting Non-Opioid numbing medication that lasts 2-3 days.
- **One Step Online Registration:** All patient registration forms can be filled out and submitted on our website directly. No printing required!
- **Professional Atmosphere:** We strive to provide the highest level of care while maintaining an atmosphere of privacy, safety and comfort.

Wisdom teeth season is upon us once more, so we are here to help your patients complete their treatment by the end of their spring break. Click the button below to visit our site and submit your referral.

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## Measles Resources from the ADA

The Pacific Northwest is currently experiencing an outbreak of the measles. Under the Occupational Safety and Health Act (OSHA), employers have a general legal obligation to provide a safe workplace. Dental office workers are at increased risk of coming into direct contact with infectious blood or bodily fluids and should take reasonable precautions to protect both themselves and their patients.

The ADA Center for Professional Success has posted an [information page](#) with links to a variety of resources from the Centers for Disease Control and Prevention and OSHA to help you assess and reduce occupational exposure risks to infectious diseases such as measles.

## New ADA Medical Emergencies Guide

Learn how to respond to a medical emergency now, before it's too late. The ADA's new guide, [Medical Emergencies in the Dental Office](#), helps you and your dental team prepare for potential medical emergencies before there's even a hint of trouble.

The manual and videos cover:

- Recommended equipment and supplies for a dental emergency kit
- Staff assignments during an emergency and the responsibilities of each role
- Dealing discreetly with other people in the office during an emergency, such as other patients and the medically distressed person's spouse or caretaker

To order this guide, please visit [this page](#) or call 800-947-4746.

## Classifieds

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## Advertise with DCDS

Classified ads in the DCDS Newsletter are easy. Simply submit your ad through [the online form](#). We will then send you an invoice. Payment must be received prior to the publication date.

### *Deadlines:*

The Newsletter is usually distributed on the first Wednesday of every month. Ads are due to the Society two weeks prior to the publication date.