

District of Columbia
DENTAL SOCIETY

NEWSLETTER

January 2019, Vol. 65, No. 1



Dr. Chris Loukaitis

A Letter from the DC Dental Society President Chris Loukaitis, DDS

Dear Colleagues,

Happy New Year! I hope that all of you were able to enjoy a relaxing holiday season with friends and family, as well as some time away from the office. 2018 was a very dynamic and impactful year for our Society, and the exciting steps that we took last year will serve as a foundation that we will continue to build on in this year.

One of our biggest accomplishments last year was the planning of our upcoming 2019 Spring Symposium for Licensure, which will be held on Thursday, April 4th at the Georgetown University Conference Center. This event will be open to dentists, hygienists, and dental assistants, and it will feature nearly all of the continuing education required for licensure in Washington, DC. As you all should be aware, the D.C. Board of Dentistry has instituted new CE requirements for the licensure period that ends December 31, 2019, and all of these new requirements will be offered at the Symposium. I am happy to announce that member registration for this event will officially open next Wednesday, January 9th. Please keep in mind that space for this event is limited and early bird pricing ends in February, so make sure that you register early to reserve your spot. For more details about the Spring Symposium, including the full schedule, please see the [DCDS website](#).

In recent years, one of the greatest sources of pride for our Society has been our outstanding continuing education program, which continues to be one of the best in the area. In order to maintain the quality of this program, we need feedback from all of our members. Key to this is our annual Member Educational Needs Survey. The survey will be sent to all members on Wednesday, January 9th and will be open until February 1st. This survey will be an essential part of the Education Committee's planning process for the 2019-2020 CE program, and member participation is very important. Keep an eye out for an email with the survey link next week, and help the Society continue to improve a vital member benefit.

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(Continued from Page 1)

Speaking of continuing education, the 2018-2019 series rolls on next Tuesday, January 8th at the Westin Georgetown. This month features a presentation by Dr. George F. Priest titled "Peri-Implant Soft Tissue Development and Preservation for Optimal Long-Term Esthetics." As always, pre-registration is strongly encouraged due to the popularity of monthly meetings and the limited number of seats in the presentation room. The registration desk and buffet dinner will open at 5:30 PM, and the speaker will begin his presentation promptly at 6:00 PM. Please try to arrive on time in order to get your preferred seat. Registration and full details for this meeting can be found [here](#).

We are still seeking volunteers for next weekend's NBC4 Health and Fitness Expo, occurring on January 12th and 13th from 9 AM to 5 PM. As a reminder, the DCDS Foundation will be operating a booth where we will be conducting oral cancer screenings for attendees. This event is open to dentists, dental assistants, dental hygienists, and dental students. We especially need volunteers in the afternoons on Saturday and Sunday so please consider volunteering if you are available! To sign up, complete this [online form](#).

Finally, I would like to invite all members to make DCDS a part of your New Year's resolution by becoming more active in the operation of the Society. Nominations will be opening later this month for multiple open positions on various DCDS committees. Committees are a great way to get involved in the Society, and allow members to contribute in a way that fits their interests and skills. They also serve as a pathway to leadership opportunities, including the Board of Directors and officer positions. I hope that you all will consider joining a committee this year and doing your part to help the Society continue on the path to success.

Sincerely,



Chris Loukaitis, DDS, MS, FICD, FACD
President, DC Dental Society

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Welcome New Members



Dr. Olivia Bassily—A native of Daytona Florida, Dr. Bassily completed her undergraduate studies at the University of South Florida before completing dental school and a graduate program at the University of Florida College of Dentistry. She has also received advanced training through The Dawson Academy and obtained a Fellowship in the International Congress of Implantologists. Dr. Bassily has performed missionary work on six of the seven continents and also enjoys singing, playing piano, and baking. She practices at Aesthetic and Family Dentistry of Washington.



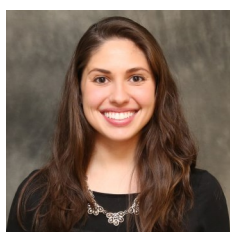
Dr. Kelsey Greene—Dr. Greene completed her undergraduate studies at Roanoke College in Virginia. She then went on to attend dental school at Virginia Commonwealth University, where she graduated in June 2018. Dr. Greene is currently completing a one year graduate program at Veteran's Affairs Medical Center.



Dr. Shahyar Kaliq—Dr. Kaliq completed his undergraduate studies at the University of Maryland, College Park, where he studied general biology and graduated with honors. He went on to receive his DMD degree as well as specialty training in Endodontics from the University of Pittsburgh. Dr. Kaliq has won numerous awards for research and has been published in several major scientific journals. He is an adjunct faculty member at the University of Pittsburgh School of Dental Medicine, and in his free time enjoys traveling and spending time with his family. Dr. Kaliq practices at Soft Touch Dentists and is joining the society as a metropolitan member.



Dr. Nagmeh Latifi—Dr. Latifi attended dental school at Nova Southeastern University before going on to complete specialty training in endodontics at New York University. She has practiced as an endodontist in Boston and Chicago, and served as a member of the attending clinical faculty at Tufts University while in Boston. Dr. Latifi has participated in multiple global outreach programs where she provided care to underserved communities in places such as Nepal and Mexico. She recently relocated to the Washington, D.C. area, and practices at D.C. Endodontics alongside fellow DCDS members Drs. Gael Delaney and Julian Moiseiwitsch.



Dr. Maria Mangine— Dr. Mangine attended dental school at the State University of New York at Buffalo, receiving her DDS in June 2018. She is currently completing a one year graduate program at Veteran's Affairs Medical Center.



Dr. Megan Ross—Dr. Megan Ross completed her undergraduate studies at Northwestern University in Chicago, and went on to receive a masters degree in Clinical Medicine from the University of Edinburgh. Following this, she enrolled in dental school at the University of Pittsburgh, and received her DMD in June 2018. Dr. Ross is currently completing a one year graduate program at Veteran's Affairs Medical Center.

Peri-implant Soft Tissue Development and Preservation for Optimal Long-Term Esthetics

January Monthly Meeting

The January DC Dental Society monthly meeting will be held Tuesday January 8th at the Westin Georgetown and will feature a presentation by Dr. George Priest titled “Peri-implant Soft-Tissue Development and Preservation for Optimal Long-Term Esthetics.”



Session Abstract

Esthetic implant restorations require a sound understanding of peri-implant profiles and a technical foundation of appropriate implant components. As a critical member of the implant team, the general dentist or prosthodontist is primarily seen as the clinician providing the definitive implant restoration. That role, however, extends beyond hard tissue esthetics and includes a significant responsibility in soft tissue development which is necessary for optimal esthetic outcomes.

Session 1 of the presentation will include step-by-step images and videos to clearly delineate the restorative technique of preservation and development of soft tissue profiles, primarily in a sequence of immediate placement and restoration. This session will also examine implant surgeon, orthodontic and restorative collaboration that sets the stage for ideal implant placement.

Session 2 will highlight scenarios from single to multiple implant examples in the esthetic zone, including more complex patients with combinations of teeth, crowns, veneers and implants. Dr. Priest will illustrate anatomically contoured provisional restorations and methods to transfer these contours to definitive abutment and crown contours that maintain long-term soft tissue stability. The use of digital dentistry to facilitate procedures will also be explored. Results are examined from initial treatment to long-term follow-up for periods of over 20 years.

For more information on Dr. Priest or to register for the January Monthly Meeting, please click [here](#). Space is limited, so as always members are encouraged to register as soon as possible. Pre-registration ends Monday, January 7th at 5:00 PM.

Thank you to our January Monthly Meeting sponsor, VOCO America!



The DC Dental Society is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. The DC Dental Society designates Session 1 for 1.5 CE, Session Two for 1.0 CE, and both sessions for 2.5 CE.

<i>Presentation Topic</i>	<i>Location</i>
Peri-implant Soft Tissue Development and Preservation for Optimal Long-Term Esthetics	Westin Georgetown 2350 M St NW Washington, DC 20037
<i>Schedule</i>	
5:30 p.m. — Registration/ Buffet Opens	<i>Parking at the Westin</i>
5:45 p.m. — Business Meeting	Before 5:00 p.m.: \$15
6:00 p.m. — Session 1	After 5:00 p.m.: \$10
7:30 p.m. — Break	
7:45 p.m. — Session 2	
8:45 p.m. — Event Ends	



District of Columbia
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Responses Needed for 2019 Educational Survey

By Eugenia Prokopets, DDS, Education Committee Chair

The Education Committee will be sending all DCDS members the 2019 Member Educational Needs Survey following the January Monthly Meeting. Please keep an eye on your inbox and participate in this very important survey! **The response deadline is February 1, 2019.**

Along with feedback from the monthly meeting evaluations, the committee uses the annual survey results to develop upcoming continuing educational programming. For example, survey results from last year led us to schedule monthly meetings devoted to digital dentistry, oral cancer, and contemporary dental materials. All three meetings were filled to capacity, and were rated very highly by members. Your opinion matters! Help DCDS find relevant topics and excellent speakers that will make a difference to you and your fellow dentists!

Thank you in advance from the Education Committee.

DCDS to Launch Webinar Pilot in February

By Eugenia Prokopets, DDS, Education Committee Chair

Members have been asking for the option of continuing education webinars, so this year the Board of Directors approved the piloting of two webinars. Both webinars will be on practice management topics, and will occur in February and May on the second Tuesday of each month, like the monthly meetings. But don't go to the Westin! Instead, you can participate in these continuing education events from anywhere, including the comfort of your own home or office. All you need is a computer with an internet connection.

The first webinar will be on February 12, 2019 from 6:00 PM to 7:00 PM, and the topic is "Common Contractual Issues For Practicing Dentists" and will be presented by John Murphy, Esq., an expert on dental practice agreements of every kind, from associate agreements to practice transitions. He will present on common issues that are found in dental practice contracts, and how to avoid situations that put your practice at risk. Attendees can earn 1.0 CE for this webinar.

Our second webinar will be held on May 14th, and the speaker is Dr. Tom Snyder, Director of Practice Transitions for Henry Schein. Dr. Snyder will talk about common themes on this topic and things to look for, whether you are a dentist looking to buy your own practice, or a dentist ready to sell your practice. Attendees can earn 1.0 CE for this webinar as well.

Just like the monthly meetings, members can register for these webinars for free; for non-members, the fee is \$75. Registration includes a link to the live webinar, access to the evaluation in order to qualify for CE, and the ability to access the recording for 30 days. After 30 days, the webinar will be available "on demand" to members and non-members alike.

Look for more information at the January monthly meeting and in the February newsletter. We look forward to hearing your feedback about your webinar experience.

2019 ADA/DCDS Membership: Renew Today!

Thank you for your membership in the DC Dental Society last year! As of December 31, all 2018 DCDS memberships have officially ended. All 2018 members have until Monday, January 31 to pay their 2019 dues, at which point their member benefits will expire. Members will still be able to attend the January Monthly Meeting during this grace period. If you have not yet received your invoice or believe that your dues total is incorrect, please contact the DCDS office.

Per the instructions on your invoice, you may pay your dues [online](#) via credit card using your ADA login credentials or mail a check (payable to the District of Columbia Dental Society) to the address on the invoice. Monthly and quarterly partial payment plans are available. Please contact the office at info@dcdental.org or call (202) 367-1163 to make arrangements. When renewing, please consider making voluntary contributions to the following DCDS-related entities:

- DCDS Foundation — charitable and philanthropic arm of the D.C. Dental Society that supports education, screenings and services for at-need District of Columbia residents. Donations to the Foundation are tax-deductible.
- District of Columbia Dental Political Action Committee (DCDPAC) — voluntary unincorporated committee of individual dentists that advocates on local issues of concern to the dental profession within the District of Columbia.
- American Dental Political Action Committee (ADPAC) — bipartisan voice of thousands of dentists who join together to help elect candidates to federal office who understand the importance of dentistry and dentistry's unrelenting commitment to improving oral health care in America.

Be sure to remain an active part of your national and local dental organizations to stay up-to-date and connected with peers in the field.

2019 Spring Symposium for Licensure

DCDS is happy to announce that member registration will open for the 2019 Spring Symposium for Licensure on Wednesday, January 9. This event will be held on Thursday, April 4, from 7 AM to 6 PM and will include all CE courses required by the DC Board of Dentistry for dentists, except CPR. In addition to dentist license requirements, the event will also feature all of the licensing requirements for dental assistants and hygienists. Bring your whole dental team to take advantage of an exclusive group discount! In order to guarantee your seat and receive early bird pricing, all members are encouraged to register as soon as possible.



For more information about the Spring Symposium for Licensure, including a full schedule, please see the [DCDS website](#).

Three Reasons to Back Up Your Business Information to the Cloud

If you've recently considered backing up your business data to the cloud, you're not alone. Many small businesses have recently made the transition to backing-up their critical business information this way.

Backing up to the cloud typically involves using special software to encrypt and securely transmit your information to an offsite, secure; temperature controlled and monitored system of servers, with numerous redundancies in place to protect your information. The benefits of this type of back-up are numerous, but here are three key reasons to do it.

- **One Word – Ransomware.** Ransomware (a type of Malware) is software that hackers use to infiltrate your network, lock or encrypt your practice data and demand a ransom from you in order to un-lock it. Ransomware can spread multiple ways, but the most common is when someone in your business clicks on a link or attachment which facilitates the Ransomware to be downloaded to your computer.
- **External Hard Drive Back-ups Fail – All the Time** - Many studies have been completed measuring the reliability (or lack thereof) of external hard drives as back-up devices. Depending on the devices used and tested and timeline of the studies involved, failures rates typically fall into 3%-15% failure rate on average. Anything that has a failure rate above 1% that's backing up your critical business information should make you very nervous.
- **30 Versions of Your Information** – When you back-up with a reliable cloud back-up partner processes such as versioning will be in place to enhance the value of your back-up. A good rule of thumb is that you want to use a provider that backs up 30 versions of your data. What this means is that a provider will store the most recent version of your data, plus up to 29 previous versions of your changed data (if it exists) in the cloud. This enables your cloud back-up partner to recover previous versions of your data if your most recent versions are damaged. Having this option, greatly improves the likelihood that you'll be able to recover your data when it's needed most.

For the reasons of reliability and protection stated above, cloud back-up is great options to consider the next time you're looking to improve your operations. Through the ADA's partnership with DDS Safe, DCDS members can receive exclusive rates on software solutions that will secure all of your important practice information. For more information, see the DDS Safe [website](#).

New ADA Podcast

Looking for a way to pass the time when you are commuting to and from your office? Look (or listen) no further than the ADA and ADPAC's new podcast, *Tooth Talk*! This show takes you behind the scenes on Capitol Hill with hosts Sarah Milligan (director of political affairs at ADPAC) and Peter Aiello (manager of grassroots education & digital advocacy at ADPAC). Together they'll help you brush up on the latest dental news from D.C. and around the country through interviews with dentists, lobbyists and others working to promote the profession.

With Season 2 of the show premiering on January 14th, now is the perfect time to start listening! *Tooth Talk* can be found on all major podcast platforms, including Apple Podcasts, Google Play, Spotify, and Stitcher.

Action for Dental Health Act Becomes Law

The ADA News (12/11, Garvin) reports that on Tuesday, Dec. 11, President Donald J. Trump signed the Action for Dental Health Act into law. Since 2014, the ADA has championed the Action for Dental Health initiative, which aims to improve oral health and access to oral health care. "This is a tremendous victory for dentistry and patients everywhere," said ADA President Jeffrey M. Cole. "The Action for Dental Health initiative shows what our profession stands for, which is that all Americans deserve good dental health. The ADA is pleased to see Congress prioritizing legislation that will improve access to oral health care and help prevention and outreach programs to combat dental disease before it starts."

For more information about the ADA's Action for Dental Health initiative, read the full article in the [ADA News](#).

Volunteers Needed for NBC4 Health and Fitness Expo

The DC Dental Society Foundation still needs volunteers to help administer oral cancer screenings at the 2019 NBC4 Health and Fitness Expo. The event will be occurring **Saturday, January 12 and Sunday January 13**, from 9:00 AM to 5:00 PM at the Walter E. Washington Convention Center. Dentist volunteers will work two hour shifts performing screenings and will staff an "Ask an Expert" booth. We will also have opportunities for students, hygienists, and dental assistants to assist the dentists performing the screenings.

Last year, DCDS volunteers performed nearly 500 screenings for attendees of the Expo. Those interested in volunteering for NBC4 can fill out [this form](#) or reach out to DC Dental Society staff by email at info@dcdental.org, or by phone at (202) 367-1163.

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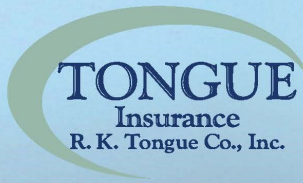
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Get Involved! Open Committee Positions

DCDS is currently seeking active, engaged members who would like to help the Society by serving on a committee. Committees are a great way for members to get involved in specific areas of interest, and are vital to helping the Society in a myriad of different ways. Currently, DCDS is accepting nominations for the following committees :

- Awards and Nominating
- Constitution and Bylaws
- Education
- Finance and Advisory
- Membership
- Membership Benefits
- Spring Meeting
- New Dentists Subcommittee
- Professional Standards
- Public Policy
- Public Relations

A full list of committees and their current members can be found on the [DCDS Website](#). Any member that is interested in joining a committee is encouraged to nominate themselves by filling out [this form](#). If you have any questions about committee membership, please contact the office.



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Contact Dr. William Karpa at 301-233-1814 or wkarpa@karpadentalbrokerage.com

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Classified ads in the DCDS Newsletter are easy. Simply submit your ad through [the online form](#). We will then send you an invoice. Payment must be received prior to the publication date.

Deadlines:

The Newsletter is usually distributed on the first Wednesday of every month. Ads are due to the Society two weeks prior to the publication date.