

District of Columbia
DENTAL SOCIETY

NEWSLETTER

August 2019, Vol. 65, No. 8



Dr. Steven A. Guttenberg

A Letter from the DC Dental Society President Steven A. Guttenberg, DDS, MD

“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it’s the only thing that ever has.” Margaret Mead

I re-read the preceding quotation recently and it made me think of the newest members of our profession, the millennials. Individuals in this generation were born between 1981 and 1996 and they make up the fastest growing segment of DC Dental Society members.

I have great admiration and respect for millennial dentists. They are the most demographically diverse generation of dentists ever and the most educated. They are technologically savvy, naturally inclined to peer-to-peer networking and innately strive to improve that which already exists.

Life is not particularly easy for this generation of dentists. They want the same things as those generations that came before them, but have to travel a dramatically different road to get there. Many millennials are drowning in debt, often greater than a quarter of a million dollars that they took on to obtain their dental degrees. When they do graduate from dental school, many take on even more debt for post-graduate study, and go on to work for corporate dental service organizations, group practices or join a dentist as an associate. They may come away from these experiences as underappreciated, overworked and underpaid. It is no surprise that they are unfairly derided as job hoppers and that they lack stability. But can you blame them given the above situations?

There are several reasons that I have made millennials the focus of this letter. First, I believe that all of us should make it a priority to gain a greater understanding of our newest colleagues’ paths to this great profession.
(Continued on page 2)

A Look Inside...

- Welcome New Members.....3
- Mid-Maryland Mission of Mercy..4
- Fall Symposium for Licensure.....5
- July DCDS Happy Hour Pics.....7
- 2019-2020 Continuing Education Program.....8
- September Monthly Meeting9
- ADA Articles of Interest.....10
- Classifieds14

Reach Us

DCDS Business Office
2025 M Street NW
Suite 800
Washington, DC 20036

P: (202) 367-1163
F: (202) 365-2163
E: info@dcdental.org



(Continued from Page 1)

When the opportunity arises, introduce yourself to them, invite them to a monthly Society CE meeting as your guest, acquaint them with your network of dental colleagues. By taking this small step it is my hope that we can all start to appreciate the contributions that all of us can make to our Society.

Secondly, I want millennial dentists to know that the Society wants you as active, engaged participants in our activities. We want to get to know you and learn from you and we want to be a resource to aid in your professional development.

Over the past few years, the Society has made tremendous strides to actively engage the newest generation of dentists in the District of Columbia through both modifying existing programs and introducing new ones. At the same time, we have continued to embrace those traditions that make DCDS such a wonderful, organization which to belong— peer networking, collegiality and education.

Let us all do what we can to continue to grow and improve this great Society.

Sincerely,



Steven A. Guttenberg, DDS, MD
DCDS President

FOR SALE !

Modern Dental Office in CHEVY CHASE

- Immediate delivery (Turn-Key)
 - Bright open concept design
 - Class A+ Professional Medical Building
 - Metro access for staff and patients
 - Ready to move in
 - Extremely Clean
 - Excellent lighting
 - All supplies included
- 3 Operatories
 - Zeiss Microscopes
 - Kavo Handpieces
 - Statim Autoclaves

5530 Wisconsin Ave. Suite 814 Chevy Chase MD 20815

Contact: Dr. Paul Kobernick 301-366-3424

Welcome New Members



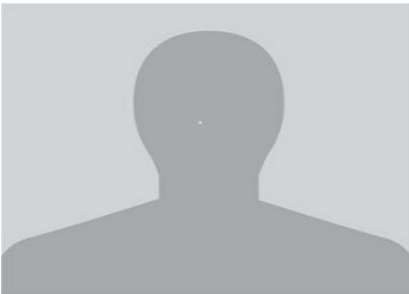
Dr. Yelena Obholz received her undergraduate degree from the University of Minnesota and her D.D.S. degree from New York University College of Dentistry. She completed a residency at Woodhull Hospital in Brooklyn, New York, where she did advanced work in periodontics, oral surgery and prosthodontics. She worked in private practice in Maryland before opening her own office in Washington, DC. Dr. Obholz resides nearby in Kensington, MD with her husband and three children.



Dr. Faisal Mir graduated from Howard University in 2013. He completed his residency training at the College of Physicians & Surgeons of Columbia University in New York City, New York. He lives in Alexandria and practices in Adams Morgan. For fun, he enjoys hiking, traveling, spending time with his family and getting to know different cultures around the world.



Dr. Lenford Sutton is a recent graduate of Meharry Medical College School of Dentistry. He has relocated to Washington D.C. to begin a Pediatric Dental Residency Program at Howard University. He is also seeking weekend employment while he completes his residency program.



Dr. Carlos R. Jones received his degree from Howard University in 2001. He completed his residency program at Harlem Hospital Center and King's County/Downstate Hospital. He moved back to the area in 2004 and opened his own practice in 2011. Dr. Jones practices in Southeast DC.



Dr. Jerome Atta-Fynn graduated from the University of Michigan School of Dentistry in 2004. He has been a licensed dentist in Washington, DC since 2010. He practices at 3333 14th Street NW, Suite 110.

Dentist Volunteers Needed for Mid-Maryland Mission of Mercy



The Mid-Maryland Mission of Mercy (MOM) Dental Clinic will occur September 12-14, 2019 at the University of Maryland XFINITY Center. Mission of Mercy is an entirely free adult dental clinic provided by volunteers. MOM seeks to provide 1,000 adults with dental care that they otherwise would not receive.

To meet its goal, MOM needs hundreds of volunteer dentists and related professionals, including hygienists, X-ray techs, dental assistants, nurses, and medical assistants. Maryland credentials are required though a process is in place to provide those wishing to volunteer with temporary Maryland licenses.

To view more information about the Mid-Maryland MOM and to volunteer, please [visit the MOM website.](#)

**How will you transition
into retirement?**
**PARAGON invites you
to attend our next
seminar.**



Planning Your Practice Transition

Friday, October 18, 2019
Tower Club Tysons Corner
8000 Towers Crescent Drive
Suite 1700
Tysons, VA 22182

Registration 8:30 am
Seminar 9:00 am - 12:00 pm
Continental Breakfast and
Soft Beverages

3 CE Credits
\$125 Fee paid compliments of TD Bank



Register by emailing info@paragon.us.com
or by calling 866.898.1867



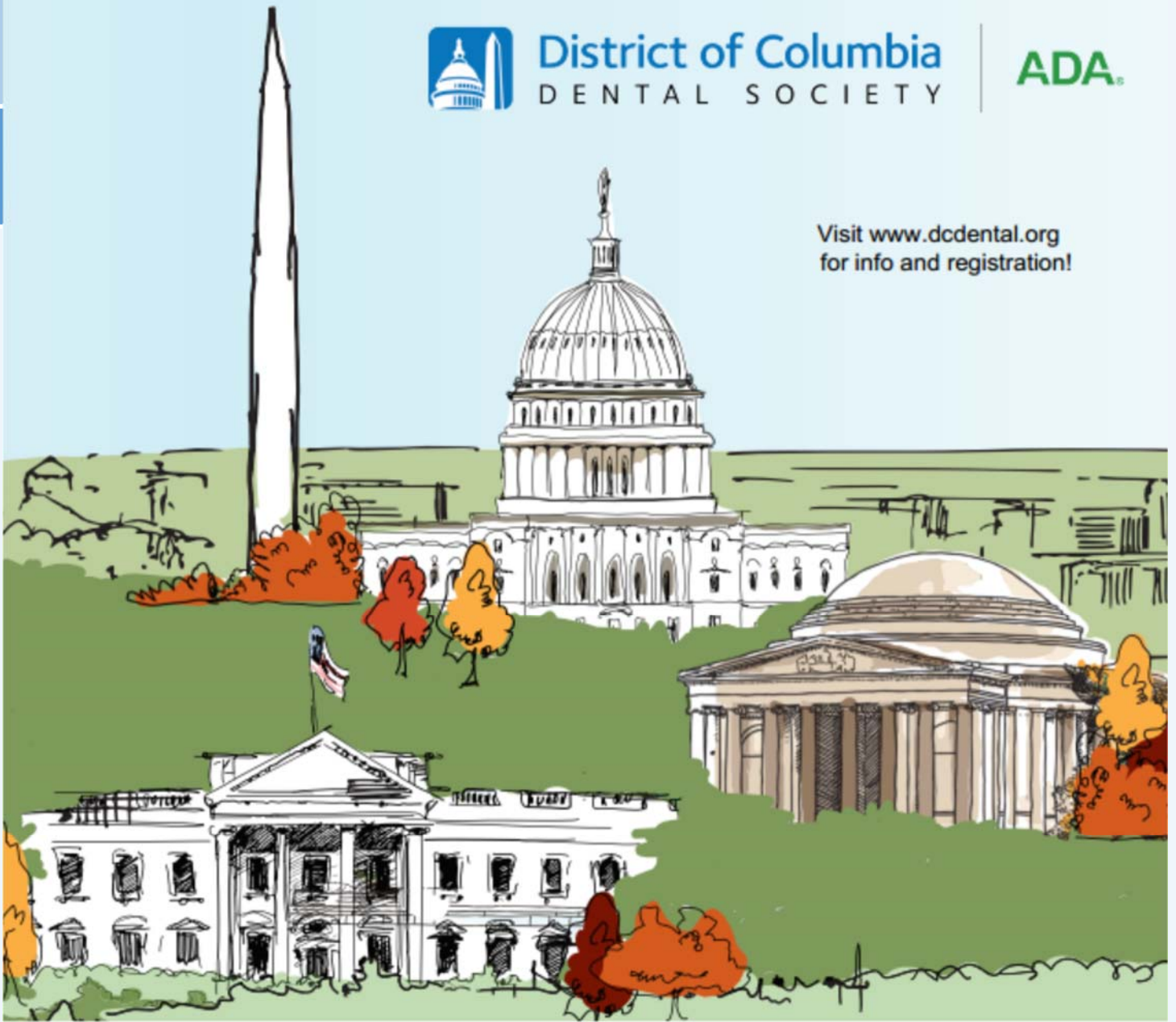
TD Bank, Inc. is a registered and approved PACE Program Provider by the Academy of General Dentistry. The formal continuing education programs of this program provider are acceptable to the AACE for continuing education and membership maintenance credit. Approval does not imply endorsement by AACE or approval based on quality of AACE endorsement. The current term of approval expires June 30, 2019. © 2019 TD Bank, Inc. Provider ID: 00000000000000000000000000000000



District of Columbia
DENTAL SOCIETY

ADA.

Visit www.dcdental.org
for info and registration!



FALL 2019

SYMPOSIUM FOR LICENSURE

October 24, 2019 | Georgetown University Conference Center | Washington, DC

Can Your Laser Do This?

Contact: Denise Clements • 321-258-7993 • dclements@fotona.org

NIGHTLASE® Airway Enhancement

As seen on CBS News!



NightLase Treatment is a fast, non-invasive and friendly way of increasing the quality of a patient's sleep. NightLase can decrease the amplitude of snoring through the use of gentle, Fotona proprietary Er:YAG laser light. No anesthesia is used in this treatment.

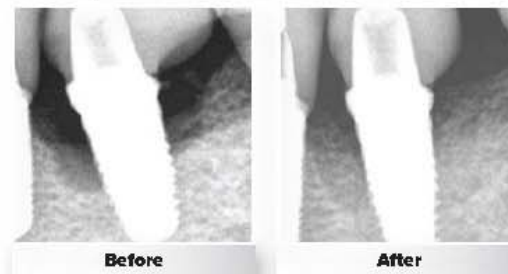
- 24 hour airflow improvement
- Non-invasive
- Increases sleep quality
- Lessen the effects of snoring
- Safe and patient-friendly treatment

FDA cleared for Lightwalker® laser assisted new attachment procedure & periodontal regeneration – Lightwalker® true regeneration

TwinLight® Periodontitis



Peri-Implantitis Treatment



Benefits of combination Erbium & Nd:YAG wavelengths therapy for both Periodontal Disease and Peri-Implantitis

Erbium Laser

- More thorough calculus removal WITHOUT heating or damaging the implant or the tooth root surface
- Re-contouring of the bone

Nd:YAG Laser

- Selective tissue removal
- Selective deep penetrating bacterial killer
- Fibrin Clot through hemoostasis

Laser Aesthetics

Help Your Patients Look & Feel Better Naturally



- No Pain & No Downtime*
- Natural Tightening & Toning without the cost of per patient consumables
- No Artificial Fillers - avoids "Puffed" Look and no injecting foreign substances
- No Special Insurance Needed like Botox & Juvaderm Require
- Long Lasting Results that are Easy to Maintain**
- Big Practice Builder - High Demand

* In most cases

** LightWalker has been cleared for soft tissue resurfacing and for treating wrinkles and pigmented & vascular lesions.

LIGHTWALKER®

The Endo, Perio, Hard & Soft Tissue, Sleep & Aesthetic Laser
Er:YAG & Nd:YAG Combo



reddot design award

The prestigious red dot Design Award



Awarded Best of Class by the Professional American Dental Association



Dentistry Today's Top 100 Products

To learn more about what the Lightwalker® can do for your practice contact Denise Clements at (321) 258-7993 or dclements@fotona.org today.

Fotona
Ultra Performance Lasers™

www.fotona.com

[fotonalasersUS](https://www.facebook.com/fotonalasersUS)

[fotona_lasers](https://www.instagram.com/fotona_lasers)



Another Great Happy Hour in the Books!

Dozens of DC Dental Society members and members of the local dental community descended upon Mission Dupont on July 31st for the Society's Summer Happy Hour. We hope to see you at the next Society happy hour this fall.



Mark Your Calendar: 2019-2020 Continuing Education Program

The 2019-2020 Continuing Education Program kicks off on September 10 with Dr. Mike DiTolla's presentation titled: **"Monolithic Materials Masterclass: Working With Lithium Disilicate and Zirconia"** and **"Beautiful Crown Preps and Impressions Made Easy."**

Six in-person meetings and two webinars are scheduled for the 2019-2020 term amounting to a total of 17 hours of CE (16 clinical hours of CE). CE activities occur the second Tuesday of the month unless noted otherwise. For in-person meetings, networking and dinner will be available beginning at 5:30 p.m.

Monthly meetings are included with DCDS membership. As space is limited, members are encouraged to register as early as possible.

Date	Topic	Format	Speaker	Location	
Sept. 10, 2019 6:00 p.m.	Part 1: Monolithic Materials Masterclass: Working With Lithium Disilicate and Zirconia. Part 2: Beautiful Crown Preps and Impressions Made Easy	In-Person Meeting (2.5 CE)	Dr. Mike DiTolla	Westin Georgetown	REGISTER
Oct. 7, 2019 6:00 p.m.	TBA (Clinical Topic)	Webinar (1.0 CE)	TBA	Online	REGISTER
Nov. 12, 2019 6 :00 p.m.	Local Pain and Anesthesia Management	In-Person Meeting (2.5 CE)	Dr. Dean M. DeLuke	Westin Georgetown	REGISTER
Dec. 10, 2019 6:00 p.m.	Sleep Related Breathing Disorders in Dentistry-Time to Look Beyond the Teeth	In-Person Meeting (2.5 CE)	Dr. John Comisi	Washington Marriott Georgetown	REGISTER
Jan. 14, 2020 6:00 p.m.	Implant Failures/Implant Rehabilitation	In-Person Meeting (2.5 CE)	Dr. Rodrigo Neiva	Westin Georgetown	REGISTER
Feb. 11, 2020 6:00 p.m.	TBA (Practice Management Topic)	Webinar (1.0 CE)	TBA	Online	REGISTER
Mar. 10, 2020 6:00 p.m.	The Beauties and the Beasts: Greatest Hits and Misses of Cosmetic Dentistry	In-Person Meeting (2.5 CE)	Dr. Mark Hyman	Westin Georgetown	REGISTER
May 12, 2020 6:00 p.m.	Top Ten Medications	In-Person Meeting (2.5 CE)	Tom Viola	Westin Georgetown	REGISTER

September CE Event: Materials Masterclass: Working With Lithium Disilicate and Zircona & Beautiful Crown Preps and Impressions Made Easy

The September DC Dental Society monthly meeting will be held Tuesday, September 10 at the Westin Georgetown and will feature two presentations by Dr. Mike DiTolla: “**Monolithic Materials Masterclass: Working With Lithium Disilicate and Zircona**” and “**Beautiful Crown Preps and Impressions Made Easy.**”



Session 1—Monolithic Materials Masterclass: Working With Lithium Disilicate and Zircona

Porcelain-fused-to-metal (PFM) crowns now make up only 10% of the crowns fabricated by the largest dental lab in the U.S., having been largely replaced by solid zirconia and lithium disilicate. These monolithic restorations are high-strength, cementable, all-ceramic restorations behave differently than traditional restorations, and this session focuses on how to prep, adjust, de-contaminate, cement/bond, and cut off these new restorations when necessary. Perhaps most impressively, the fracture rates for these monolithic restorations are second only to cast gold.

Session 2—Beautiful Crown Preps and Impressions Made Easy

Tooth preparation with adequate reduction in the proper areas has more to do with producing esthetic anterior restorations than selecting the correct shade. Techniques will be presented to ensure that dentists give their laboratory technicians the best chance to fabricate a beautiful restoration.

For more details, including the speaker bio and learning objectives, [click here](#). Space is limited so members are encouraged to register as soon as possible. Pre-registration ends Monday, September 9 at 5:00 p.m.

The DC Dental Society is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. The DC Dental Society designates this presentation for 2.5 CE.



Presentation Topic	Location:
Monolithic Materials Masterclass: Working With Lithium Disilicate and Zircona & Beautiful Crown Preps and Impressions Made Easy	Westin Georgetown 2350 M St NW Washington, DC 20037
Schedule	Parking at the Westin
5:30 p.m. – Registration/Buffer Opens 5:45 p.m. – Business Meeting 6:00 p.m. – Session 1 7:30 p.m. – Break 7:45 p.m. – Session 2 8:45 p.m. – Event Ends	Before 5:00 p.m.: \$15 After 5:00 p.m.: \$10

ADA Raises Concerns About SmileDirect Club

The [ADA News](#) (7/12, Solana) reported that on June 27, the ADA “sent a [complaint letter](#) to the Federal Trade Commission’s Bureau of Consumer Protection, raising concerns over aspects of SmileDirect Club’s marketing and direct-to-consumer sales of plastic teeth aligners.” In addition, about two months ago the ADA “filed a citizen’s [petition](#) with the U.S. Food and Drug Administration, stating that SmileDirect Club is placing the public at risk by knowingly evading the FDA’s ‘by prescription only’ restriction the agency has placed on teeth aligning materials.”

ADA President Jeffrey M. Cole said, “The DA took these actions out of concern for patient safety and to enable consumers to take action when negative treatment outcomes occur.” Dr. Cole noted that “orthodontic treatment, if not done properly, could lead to potential bone loss, lost teeth, receding gums, bite problems, jaw pain and other issues.” He added, “The ADA considers it our duty on behalf of the public to make the relevant regulatory agencies aware of what’s going on so they can consider whatever actions they deem appropriate.”

For more information about direct to consumer dentistry, visit the ADA’s consumer website [MouthHealthy.org/DIYdentistry](#).

Patient Education May Help Reduce Opioid Use

[Reuters](#) (6/27, Joseph) reported a study found that “surgery patients who were taught to manage their pain with acetaminophen and ibuprofen ended up using few or no opioid pills.” The [findings](#) of the 190-participant study were published in the Journal of the American College of Surgeons.

Meanwhile, the [AP](#) (6/27) reported Rhode Island lawmakers have “approved legislation that requires signs at all pharmacies to warn customers about the dangers of opioids.” The bill is headed “to Democratic Gov. Gina Raimondo’s desk” and “would require the health department to compile a list of the 10 most commonly prescribed drugs containing opioids or certain other controlled substances and distribute it to the Board of Pharmacy.”

Follow all of the ADA’s advocacy efforts, policies and positions on opioids be [ADA.org/opioids](#) manifestation of the disease.”

Federal Legislation Would Prohibit Dental, Vision Plans From Setting Fees For Non-covered Services

The [ADA News](#) (7/18, Burger) reports that on July 15, “the Dental and Optometric Care Access Act was reintroduced in the U.S. House of Representatives.” The ADA and American Optometric Association support the federal legislation, which “would prohibit dental and vision plans from setting fees for noncovered services.” ADA President Jeffrey M. Cole said, “The Dental and Optometric Care Access Act will help prevent dental insurance companies from interfering in the doctor-patient relationship by dictating prices for services they don’t even cover.” In a July 16 [letter](#), Drs. Cole and Kathleen T. O’Loughlin commended Reps. Dave Loebsack (D-IA) and Buddy Carter (R-GA) for championing the legislation. For information about all of the ADA’s advocacy activities, visit [ADA.org/advocacy](#).

HIRING? LOOKING? BUYING? SELLING?



FIND JOB



HIRE



BUY PRACTICE



SELL PRACTICE



USED
EQUIPMENT



LET **HESY-RE.COM** HELP YOU

Bridge the Gap

Whether you're a dental professional looking for a job, or a retiring dentist looking to sell your practice, the matching algorithm on **Hesy-Re.com** helps you find the perfect fit.

- Search for job opportunities, practices available for purchase, or used equipment
- Post a job opening or practice or equipment for sale
- Sign up for daily or weekly digest emails to receive new matches

CHECK IT OUT TODAY: **Hesy-Re.com**

New CDT 2020 Kit Helps Staff Save Time, Code Accurately

The ADA's new [CDT 2020 and Companion Kit with CDT 2020 App](#) reduces the time you spend on coding so you can spend more time with patients. Correct coding provides the needed clarity to auto-adjudicate claims, speeds claim processing, lessens the need for additional information requests and reduces claim rejections. This coding kit includes:



- **CDT 2020: Dental Procedure Codes**, an essential tool for any dental practice; it helps all dental professionals use accurate CDT Codes to avoid rejected claims. It includes 37 new codes, five revised codes and six deleted codes. Also includes ICD-10-CM codes.
- The **CDT 2020 Coding Companion**, which trains staff on how to use the right codes at the right time. It features two new authors, 29 new coding scenarios, 33 new coding questions and answers and descriptions of coding changes for 2020.
- The **CDT 2020 App**, which puts complete CDT codes on your phone or tablet. Now includes the best of three coding resources in one app.

To preorder the CDT 2020 Kit, visit [ADAcatalog.org](#) or call **800.947.4746**. Save 15% on all ADA Catalog items by using promo code 19510 by August 16, 2019.

FDA Approves Apremilast For Treatment Of Oral Ulcers Associated With Behçet's Disease

[MD Magazine](#) (7/19, Kunzmann) reported the "Food and Drug Administration (FDA) has approved apremilast (Otezla) for the treatment of oral ulcers associated with Behçet's Disease." The drug, "an oral selective phosphodiesterase 4 (PDE4) inhibitor, was approved as a 30 mg twice-daily therapy for adult patients with the rare disease."

[Medscape](#) (7/22, Brooks, Subscription Publication) reports that "Behçet's disease, also known as Behçet's syndrome, affects roughly 5 in 100,000 people in the United States," and "oral ulcers are the most common."



5 Minutes Today, More Patients Tomorrow with the NEW ADA Find-a-Dentist®

The ADA is investing \$18 million in a 3-year digital advertising campaign to direct consumers to make an appointment with an ADA dentist. The focus of this campaign is a new ADA Find-a-Dentist® tool, which provides consumers with additional search fields and a user-friendly experience. Completing your profile takes only 5 minutes and will put you near the top of the search results.



Complete your profile at [ADA.org/FAD5](#)

IS THIS YOU?
Don't be left out.



Tongue | **GERNER**
Financial Services, LLC



YOUR REPUTATION. YOUR ASSETS. WE'RE WATCHING LIKE A HAWK.

When a dentist came to us for a review of his practice insurance, our analysis revealed that his former advisor had inadvertently left his practice equipment uninsured for nearly ten years. We immediately provided him with property insurance, reduced the cost of his **malpractice insurance** by 15% with a **Professional Protector Plan® for Dentists** package policy, and saved him \$500 on his **workers compensation insurance**. Then we offered to evaluate, consolidate, and centrally manage his **disability, health, life, auto, homeowners insurance, retirement plan*, and investments.*** No more oversights...We're watching like a hawk.

Call or email today to schedule a no-cost, no-obligation consultation with one of our agent/broker advisors.

info@rktongue.com | 410.752.4008 | www.rktongue.com
575 S. Charles St., #205 | Baltimore, MD 21201

*Securities and Investment Advisory Services offered through Woodbury Financial Services, Inc., Member FINRA, SIPC and Registered Investment Adviser. Listed entities are not affiliated with Woodbury Financial Services, Inc.



Tongue | **GERNER**
Financial Services, LLC

Classifieds

Part-time Oral Surgeon Available for Hire

Description: Part-time oral surgeon available for hire in general dentistry/ oral surgery offices. Extractions, implants, etc. Good for: GP's looking to earn passive revenue, OMFS wanting to keep office open during vacation time. www.moonlightoralsurgery.com

Contact: Ryan Patel, DDS, OMFS | 408-506-8919
| dr.patel@moonlightoralsurgery.com

Panoramic 1000 X-ray Machine

Description: Panoramic 1000 Cephaloramic x-ray machine with CEPH and TMJ capabilities. All analog updates are completed. The machine is in perfect condition no scratches or dings. Price \$18.00

Contact: Jeffrey Singer | 202-265-0525 | vze237s22@gmail.com

General Dentist

Description: Looking for a general dentist in downtown dental office. All PPO/FFS. Must be comfortable with composite restorative, crown and bridge, implant restorations, and endo. Please send CV and cover letter.

Contact: Laudan Izadi | 202-296-4356 | westenddentaldc@gmail.com

Advertise with DCDS

Classified ads in the DCDS Newsletter are easy. Simply submit your ad through [the online form](#). We will then send you an invoice. Payment must be received prior to the publication date.

Deadlines:

The Newsletter is distributed on the first Wednesday of every month. Ads are due to the Society two weeks prior to the publication date.