



District of Columbia
DENTAL SOCIETY

NEWSLETTER

December 2018, Vol. 64, No. 12



Dr. Chris Loukaitis

A Letter from the DC Dental Society President Chris Loukaitis, DDS

Dear Colleagues,

I hope that you all had a wonderful Thanksgiving holiday, and that you were able to take a well-deserved break with family and friends. Personally, I am very grateful for the successes that our Society has had this year, and for all of our committed and passionate members!

Last month at the November monthly meeting, nominations were held for the Society's open ADA Delegate and ADA Alternate Delegate positions. I am happy to announce that Drs. Stephen Tigani and Sally Cram were both nominated uncontested to continue their tenures as Delegate and Alternate Delegate, respectively. Thank you both for your continued commitment to representing our Society's interests at the national level!

Also at the November meeting, the membership approved a \$20 membership dues increase for 2019. I thank everyone who came out and voted. The finalizing of our 2019 dues means that DCDS staff were able to send out 2019 dues invoices just before the Thanksgiving holiday so you should have received yours in the mail last week. If you did not receive your invoice or have any questions about the membership renewal process, please contact the DCDS office. More information about dues renewals can be found later in this newsletter.

Plenty of space is still available to volunteer at next month's NBC4 Health and Fitness Expo, occurring on January 12th and 13th from 9 AM to 5 PM. As a reminder, the DCDS Foundation will be operating a booth where we will be conducting oral cancer screenings for attendees. This event is open to dentists, dental assistants, dental hygienists, and dental students, so please consider volunteering if you are available! To sign up, please fill out this [form](#).

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(Continued from Page 1)

This month's CE meeting will feature a very interesting presentation by Dr. Kitrina Cordell titled "Suspicious Oral Lesions: Recognition and Management". Given that many of us will be conducting oral cancer screenings at the NBC4 Expo next month, this is a perfect opportunity to brush up on the identification and diagnosis of various oral lesions. As a reminder to all, **space is limited** at the monthly meetings due to the room capacity at the Westin. So far, we have reached our pre-registration limit for every meeting in the current CE series, and I have no reason to suspect that December will be any different. While we haven't yet had to turn anyone away due to no-shows, please be sure to register in advance. Pre-registration also helps the Society to more accurately gauge the dinner order. To do so, please log in with your ADA information [here](#) or contact the office.

In closing, I would like to thank all of you for helping to make 2018 such a great year for the Society. Though there were some challenges, we also made some great strides forward this year, including expanding the amount of CE offered to members and planning the 2019 Spring Symposium for Licensure (keep an eye out for registration which will open in January). I believe that 2019 will be a very exciting year for the Society, and I cannot wait to share it with all of you.

See you all at the December meeting, and Happy Holidays!

Sincerely



Chris Loukaitis, DDS, MS, FICD, FACD

President, DC Dental Society

Welcome New Members



Dr. Negaar Sagafi—A native of Massachusetts, Dr. Sagafi is a four-time graduate of Boston University, where she completed an undergraduate degree, her DMD degree, Advanced Education in General Dentistry program, and Orthodontics graduate program. Following her education, Dr. Sagafi went into private practice outside of Boston and simultaneously joined the faculty of Boston University in 2009, where she taught until moving to Maryland in 2015. She continues to lecture nationally and internationally on orthodontics. Dr. Sagafi practices at Bethesda Orthodontics in Bethesda, MD.

Suspicious Oral Lesions, Recognition and Management

December Monthly Meeting

The December DC Dental Society monthly meeting will be held Tuesday, December 11th at the Westin Georgetown and will feature a presentation by Dr. Kitrina Cordell entitled “Suspicious Oral Lesions, Recognition and Management.”



Session Abstract:

This course will provide the dental professional a review of suspicious oral lesions encountered in the dental practice. Numerous clinical images will be provided to give the clinician a thorough review of the appearance of these lesions. The course will also review the current statistics of oral and oropharyngeal cancer, risk factors associated with the diseases, examination tools including light-based optical examination systems, the oral brush test and traditional scalpel biopsy. In addition, techniques for thorough oral cancer screening, patient education related to warning signs of oral cancer and self-oral cancer screening will be covered.

Learning Objectives

Session 1:

- Recognize clinical features of premalignant oral lesions including leukoplakia, proliferative verrucous leukoplakia, erythroplakia, smokeless tobacco associated lesions and oral submucous fibrosis.
- Recognize lesions suspicious for oral and oropharyngeal squamous cell carcinoma.
- Understand risk factors associated with development of oral and oropharyngeal cancers.

Session 2:

- Understand current statistics of oral and oropharyngeal cancer.
- Understand the indications or contraindications for use of examination and diagnostic tools including the oral brush test and light-based optical examination systems.
- Be able to provide patients with a thorough clinical oral cancer screening and educate them on the warning signs and symptoms of oral cancer and self-oral examination.

<i>Presentation Topic</i>	<i>Location</i>
Suspicious Oral Lesions, Recognition and Management	Westin Georgetown 2350 M St NW Washington, DC 20037
<i>Schedule</i>	<i>Parking at the Westin</i>
5:30 p.m. — Registration/Buffer Opens	
5:45 p.m. — Business Meeting	Before 5:00 p.m.: \$15
6:00 p.m. — Session 1	After 5:00 p.m.: \$10
7:30 p.m. — Break	
7:45 p.m. — Session 2	
8:45 p.m. — Event Ends	

For more information on Dr. Cordell or to register for the December Monthly Meeting, please click [here](#). Space is limited, so as always members are encouraged to register as soon as possible. Pre-registration ends Monday, December 10th at 5pm.



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District of Columbia
DENTAL SOCIETY

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SPRING 2019

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2019 ADA/DCDS Membership: Renew Today!

Thank you for your membership in the DC Dental Society this past year! Members should have received their 2019 DCDS and ADA membership renewal notice and dues invoice in the mail by now. If you have not yet received your invoice or believe that your dues total is incorrect, please contact the DCDS office.

Per the instructions on your invoice, you may pay your dues [online](#) via credit card using your ADA login credentials or mail a check (payable to the District of Columbia Dental Society) to the address on the invoice. Monthly and quarterly partial payment plans are available. Please contact the office at info@dcdental.org or call (202) 367-1163 to make arrangements. The membership year ends on December 31st, but members have a one-month grace period until January 31, 2019, to pay their dues. Members will still be able to attend the January Monthly Meeting during this grace period. When renewing, please consider making voluntary contributions to the following DCDS-related entities:

- DCDS Foundation — charitable and philanthropic arm of the D.C. Dental Society that supports education, screenings and services for at-need District of Columbia residents. Donations to the Foundation are tax-deductible.
- District of Columbia Dental Political Action Committee (DCDPAC) — voluntary unincorporated committee of individual dentists that advocates on local issues of concern to the dental profession within the District of Columbia.
- American Dental Political Action Committee (ADPAC) — bipartisan voice of thousands of dentists who join together to help elect candidates to federal office who understand the importance of dentistry and dentistry's unrelenting commitment to improving oral health care in America.

Be sure to remain an active part of your national and local dental organizations to stay up-to-date and connected with peers in the field.

DCDS Welcomes Fotona as Premier Partner

The District of Columbia Dental Society is pleased to announce that Fotona is a 2018 - 2019 Premier Partner and a valued supporter of the dentistry profession in the District.

Fotona is a world-leading medical laser company recognized for its innovative, [award-winning laser systems](#) for applications in aesthetics & dermatology, dentistry, surgery and gynecology. Based in the US and EU, with corporate headquarters in Dallas, Texas and Ljubljana, Slovenia, Fotona's business philosophy is to continuously choose perfection to meet the needs of a highly demanding marketplace.

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Members will have the opportunity to speak to Fotona associates one-on-one at several DCDS events. In addition, members can [visit the Fotona website](#) for information specific to dental practices and needs.

Networking Happy Hour

Thank you to all of our members who braved the cold weather and came out to the last DCDS Networking Happy Hour of 2018. If you were unable to attend, do not worry! The happy hours will be returning in 2019, so keep an eye out for a date announcement coming early next year



ADA Professional Risk Management Guideline

Many dentists go through their entire careers without experiencing any situation that has the potential to do severe professional, reputational or financial harm to their practice. Yet things can happen that have nothing to do with the appropriate and professional care that you provided to a patient.

Everything you do in your role as the dentist requires you to be aware of — and manage — some type of risk. Identifying the risks in a dental practice is the first step to effectively managing them. Once you know what the risks are, you can develop plans, systems and protocols to reduce the likelihood that one of those possible risks will become a reality with potential to significantly damage your ability to practice, your professional reputation and your financial stability. [The ADA Guidelines for Practice Success™ \(GPS™\) module on Managing Professional Risks](#) examines some of the preventive steps you can take to protect yourself and your practice.

[Read the guideline today!](#)

ADA 10 Under 10 Award

Do you know a new dentist who's making a splash in the profession? The ADA is recognizing 10 amazing dentists who graduated from dental school less than 10 years ago and are already inspiring their colleagues and making a difference in the field. The American Dental Association 10 Under 10 Award showcases dentistry's rising stars — dentists who demonstrate excellence and inspire others in science and research, practice excellence, philanthropy or leadership. Winners will be recognized in ADA publications and receive a \$1,000 gift card. The nomination process is quick, simple, and open until December 30th. [Nominate a young dentist who inspires you!](#)

ADA Pilots Program for Practice Transitions

For the past few years the ADA has partnered with an outside consulting firm in order to develop a major new program to benefit its members. The product of that partnership has now been announced and is moving closer to implementation.

ADA Practice Transitions is a new service offered through ADA Business Innovations Group to foster relationships between dentists at key points in their careers. The purpose is to match dentists who are looking to join a practice with owners who are seeking a partner, associate or someone to purchase their practice. Rather than making new dentists send out dozens of job applications or making retiring dentists post numerous classified ads to generate interest in their practice, this service will match the two based on a variety of factors including philosophy of care, personality traits, location and desired practice characteristics.

Dentists in Maine and Wisconsin will be participating in a pilot of this program in early 2019, with an eye on a general implementation coming soon. To read more about this coming member benefit, [see this post](#) on the New Dentist Now blog.

Cigarette Smoking Hits All Time Low Among Adults

USA Today (11/8, O'Donnell) stated that a new report from the Centers for Disease Control and Prevention, the Food and Drug Administration, and the National Cancer Institute indicates cigarette smoking has reached the “lowest level ever recorded among U.S. adults.” About 14 percent of adults – around 34 million people – smoked within the past 30 days. That is down from 15.5 percent in 2016. The report also showed “about 10 percent of people aged 18 to 24 years smoked cigarettes in 2017, down from 13 percent in 2016.”

The ADA News reported previously that the American Cancer Society held The Great American Smokeout on Thursday, Nov. 15. The article noted that “the ADA has resources to assist dentists in talking with their patients about tobacco cessation,” including an online continuing education course, Tobacco Policy, Pharmacotherapy, and Dentistry; an ADA Science Institute-developed Oral Health Topics webpage on smoking and tobacco cessation; and the brochures “Tobacco and Oral Health” and “Get the Facts About Mouth and Throat Cancer.”

For more information on the ADA’s advocacy efforts on tobacco visit [this page](#) on the ADA website. The ADA Foundation also offers a resource on e-cigarettes, which can be found [here](#).



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Peri-implant Soft Tissue Development and Preservation for Optimal Long-Term Esthetics

January Monthly Meeting

The January DC Dental Society monthly meeting will be held Tuesday January 8th at the Westin Georgetown and will feature a presentation by Dr. George Priest titled “Peri-implant Soft-Tissue Development and Preservation for Optimal Long-Term Esthetics.”



Session Abstract

Esthetic implant restorations require a sound understanding of peri-implant profiles and a technical foundation of appropriate implant components. As a critical member of the implant team, the general dentist or prosthodontist is primarily seen as the clinician providing the definitive implant restoration. That role, however, extends beyond hard tissue esthetics and includes a significant responsibility in soft tissue development which is necessary for optimal esthetic outcomes.

Session 1 of the presentation will include step-by-step images and videos to clearly delineate the restorative technique of preservation and development of soft tissue profiles, primarily in a sequence of immediate placement and restoration. This session will also examine implant surgeon, orthodontic and restorative collaboration that sets the stage for ideal implant placement.

Session 2 will highlight scenarios from single to multiple implant examples in the esthetic zone, including more complex patients with combinations of teeth, crowns, veneers and implants. Dr. Priest will illustrate anatomically contoured provisional restorations and methods to transfer these contours to definitive abutment and crown contours that maintain long-term soft tissue stability. The use of digital dentistry to facilitate procedures will also be explored. Results are examined from initial treatment to long-term follow-up for periods of over 20 years.

For more information on Dr. Priest or to register for the January Monthly Meeting, please click [here](#). Space is limited, so as always members are encouraged to register as soon as possible. Pre-registration ends Monday, January 7th at 5:00 PM.



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<i>Presentation Topic</i>	<i>Location</i>
Peri-implant Soft Tissue Development and Preservation for Optimal Long-Term Esthetics	Westin Georgetown 2350 M St NW Washington, DC 20037
<i>Schedule</i>	<i>Parking at the Westin</i>
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6:00 p.m. — Session 1	
7:30 p.m. — Break	
7:45 p.m. — Session 2	
8:45 p.m. — Event Ends	

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November Business Meeting Update

At the November Monthly Meeting, the membership voted to approve a modest dues increase of \$20 for 2019, bringing total active member DCDS dues to \$650 per year. Combined with the ADA's own dues increase that was approved at the Annual Meeting, 2019 full active dues for a DCDS member will be \$1,204.

Also at the November meeting, nominations were held for the Society's open ADA Delegate and Alternate Delegate positions. Drs. Stephen Tigani and Sally Cram were both nominated to continue serving in their present roles as Delegate and Alternate Delegate, respectively. Thank you to Drs. Tigani and Cram for your continued service to DCDS!

Remembering Dr. Elliott J. Alpher



We mourn the passing of long-standing member Dr. Elliott J. Alpher on November 10, 2018. Dr. Alpher was a graduate of The Georgetown University Dental School and dedicated his life to providing lasting relief to patients with sleep disorders and jaw pain. He was a loving and devoted husband and father, and adored his three grandchildren and spending time with his family. He will be greatly missed by all who loved and knew him. In lieu of flowers, the family asks that a donation to charity be made in Dr. Alpher's name.

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- **Single Visit Appointments:** In special cases, we can provide your patient with their consultation and procedure on the same day! The follow-up appointment may be completed a week later via phone call if they are unable to come into the office.
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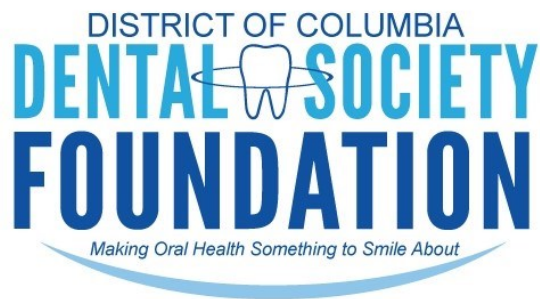


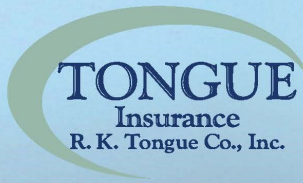
Drs. Emery, Retana, and DiFabio
2311 M Street, NW Suite 200, Washington, DC 20037
202-602-2962 • info@ccomfs.com

2019 NBC4 Health and Fitness Expo

The DC Dental Society Foundation will again be providing oral cancer screenings at the 2019 NBC4 Health and Fitness Expo occurring **Saturday, January 12 and Sunday January 13**, from 9:00 AM to 5:00 PM at the Walter E. Washington Convention Center. Dentist volunteers will work two hour shifts performing screenings and will staff an "Ask an Expert" booth. We will also have opportunities for students, hygienists, and dental assistants to assist the dentists performing the screenings.

Last year, DCDS volunteers performed nearly 500 screenings for attendees of the Expo. Those interested in volunteering for NBC4 can fill out [this form](#) or reach out to DC Dental Society staff by email at info@dcdental.org, or by phone at (202) 367-1163.





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Contact Dr. Stuart Ross at 202-223-6300 or ross@CitySmilesDC.com.

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Contact Dr. Oswald Cameron at 202-462-1925 or ocamerondds@aol.com.

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Contact Dr. Arousha Jahangiri at 804-399-1980 or arousha@hotmail.com.

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Contact Dr. Bernard McDermott at 202-320-0732 or bmcdermottdds@aol.com.

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Contact Dr. William Karpa at 301-233-1814 or wkarpa@karpadentalbrokerage.com

Washington, DC — 25th & "M" St., NW between Foggy Bottom and Georgetown

Very profitable General Dental practice doing mainly cosmetic dentistry, well appointed office with 1100 sf, 1.5 blocks from Orange and Blue Metro stop at Foggy Bottom, 3 operatories with a 4th operatory plumbed all with Adec equipment, digital radiography, digital panorex, Eaglesoft dental software.

Contact Dr. William Karpa at 301-233-1814 or wkarpa@karpadentalbrokerage.com

Advertise with DCDS

Classified ads in the DCDS Newsletter are easy. Simply submit your ad through [the online form](#). We will then send you an invoice. Payment must be received prior to the publication date.

Deadlines:

The Newsletter is usually distributed on the first Wednesday of every month. Ads are due to the Society two weeks prior to the publication date.