

# Newsletter



January 2015

Vol. 56 No. 1

## A Letter from DC Dental Society President Robert W. Emery, DDS



Dr. Robert Emery

Dear Colleagues,

As you are already aware, the 2015 ADA Meeting is being held in Washington DC this November. As a result, the DC Dental Society’s Nation’s Capital Mid-Atlantic Dental Meeting (NCMDM) will take a break in 2015, and return in 2016. I’m excited to announce that the dates for the 2016 Nation’s Capital Mid-Atlantic Dental Meeting (NCMDM) have been set—the meeting will occur March 24-26, 2016, at the Walter E. Washington Convention Center. Planning for next year’s NCMDM is already underway with both volunteers and staff actively engaged in putting together an exciting program and exhibit hall.

Community service is a core mission of the Society. I’d like to make you aware of two important events that the Society membership, in collaboration with the DC Dental Society Foundation, is participating in over the next several weeks. This Friday, January 9<sup>th</sup>, the Foundation will host screenings at two local elementary schools for next month’s Give Kids a Smile Day. On February 6<sup>th</sup> we will bring those children that require treatment to Howard University’s School of Dentistry to provide as much free dental care as we can perform in one day. The Give Kids a Smile event is one of the hallmark efforts of our Society. It has a tremendous impact on our community and strengthens our reputation as an organization that is focused on oral health awareness. If you’re available to volunteer your time for the January 9<sup>th</sup> screening event and/or the February 6<sup>th</sup> Give Kids a Smile Day event, I encourage you to sign-up and participate. To register online, use this [online form](#) or contact the DC Dental Society staff by email at [info@dcdental.org](mailto:info@dcdental.org), or by phone at (202) 367- 1163

Society members will also be providing dental and oral cancer screenings at the 2015 NBC4 Health and Fitness Expo occurring this weekend, Saturday, January 10<sup>th</sup> and Sunday, January 11<sup>th</sup>, from 9:00 a.m. to 5:00 p.m. at the Walter E. Washington Convention Center. We need a few more dentists to volunteer for two-hour blocks each afternoon this weekend. Those interested in volunteering can register online using this [online form](#) or reach out to DC Dental Society staff by email at [info@dcdental.org](mailto:info@dcdental.org), or by phone at (202) 367- 1163.

### Look Inside...

<a href="#">President’s Letter</a> .....	1-2	<a href="#">ADA Comments on ‘Modified Risk’ Tobacco Products</a> .....	6
<a href="#">DCDS Mourns the Passing of Dr. Cynthia Worsley and Col. Edward Moody</a> .....	2	<a href="#">Dental Growth Slower than Projected</a> .....	8
<a href="#">January Monthly Meeting</a> .....	3	<a href="#">DC Dental Society Dues</a> .....	8
<a href="#">House of Delegates Election</a> .....	3	<a href="#">Study: Seniors who Sleep in Dentures at Higher Risk for Pneumonia</a> .....	9
<a href="#">CMS Announces Significant Timetable Change for Prescribers of Medicare Part D Drugs</a> .....	5	<a href="#">Volunteers Needed</a> .....	9
<a href="#">March 10<sup>th</sup> Hands-on Workshop</a> .....	5	<a href="#">Classifieds</a> .....	10

(Continued on page 2)

## **A Letter from DC Dental Society President Robert**

*(Continued from page 1)*

Society member volunteers have put a lot of time and effort into organizing these events and need your support to help ensure their success. Thank you in advance for your participation.

Finally, I would like to also take this opportunity to thank you for your dedication as a member of the District of Columbia Dental Society this past year. If you have not already done so, I invite you to renew your membership for 2015. You can now renew both your DCDS and ADA membership dues online via the [ADA website](#) using your ADA login credentials or ADA number.

As always, please don't hesitate to reach out to me or anyone on the Society's board should you have any questions.

We are DCDS: passionate about our profession, our community, and our future!

Sincerely,  
R.W.

Robert W. Emery DDS  
President, DC Dental Society

## **DCDS Mourns the Passing of**

### **Dr. Cynthia Worsley and Col. Edward Moody**

The Society is saddened to announce the passing of two of its members— Col. Edward Moody and Dr. Cynthia Worsley.

Col. Edward L. Moody passed away on December 1, 2014. Dr. Moody joined the Army in 1968, where he proudly served as an Army Dental Officer. His service included a tour of duty in Vietnam. He served numerous other tours of duty during his 20 years, until his retirement in 1988 as a full Colonel. Following retirement from the military his dental career continued until he assumed a position as a professor with the Howard University College of Dentistry. He was a member of many professional organizations and proud member of Omega Psi Phi fraternity. He is survived by his wife, Constance Gray Moody; his daughter, Glynis; his son, David; three grandchildren, his siblings, nieces; nephews, cousins and friends. Please share a message of support or a fond memory for his family to receive by signing Col. Moody's [guestbook](#).

Dr. Cynthia Worsley passed away on December 5<sup>th</sup> 2014. Beloved daughter of James L. Worsley (deceased) and Zella M. Worsley; granddaughter of Vester Seabron; loving sister of James, Dwain and Kothia. She also is survived by son Troy Carter and a host of nieces, nephews and other relatives. Please share a message of support or a fond memory for her family to receive by signing Dr. Worsley's [guestbook](#).

## January 13<sup>th</sup> Monthly Meeting:

### Risk Management & HIPAA Compliance

The next DC Dental Society monthly meeting will be held on Tuesday, January 13th at the Westin Georgetown and will feature a presentation by Dr. Louis G. DePaola on Risk Management and HIPAA Compliance in the Dental Office: Update 2015. Dr. DePaola will focus on how dentists can minimize risk in their office and what requirement HIPAA places upon dentistry.

Members are encouraged to invite a non-member colleague. Members planning to attend the January meeting should RSVP [online](#), by phone at 202-367-1163, or via email at [info@dcdental.org](mailto:info@dcdental.org) before noon, Tuesday, January 13th.



**Louis DePaola, DDS, MS**

#### **Session Topic**

Risk Management & HIPAA Compliance in the Dental Office: Update 2015

#### **Schedule**

Networking Reception 5:00 p.m. – 6:00 p.m.  
DCDS Business Meeting 6:00 p.m. - 6:15 p.m.  
Presentation 6:15 p.m. – 7:45 p.m.  
Dessert Reception 7:45 p.m. – 8:15 p.m.

#### **Location**

Westin Georgetown  
2350 M St NW  
Washington, DC 20037

\*CE Credit will be offered for the January Meeting.

## House of Delegates Election Occurring February 10th

The election for the position of one delegate and one alternate delegate to the ADA House of Delegates will take place at the February 10th monthly meeting. Current delegate Dr. Sally Cram and alternate delegate Dr. Stephen Tigani are running unopposed. Voting will be open during the opening networking reception and conclude at the start of the business meeting.



May the dawn of this new year bring  
you promises of brighter tomorrows.

**Happy New Year** from  
Drs. Emery, Ryan and  
the staff at  
The Capital Center for  
Oral and Maxillofacial Surgery



Proudly serving the District of Columbia Dental Community for over 25 years

[www.ccomfs.com](http://www.ccomfs.com) | 202-386-7100 | [info@ccomfs.com](mailto:info@ccomfs.com)

## **CMS Announces Significant Timetable Change for Prescribers of Medicare Part D Drugs**

The final rule published last May by the Centers for Medicare and Medicaid Services (CMS) that requires dentists who prescribe Part D covered drugs to be enrolled in Medicare or opt out for those prescriptions to be covered under Part D has continued to be a significant issue for the ADA.

The ADA has actively opposed this provision as it applies to dentists and is currently seeking an exemption for the dental profession. The ADA has advocated against this rule on behalf of members directly to CMS and through the House Small Business Committee, the Small Business Administration (SBA), and the SBA's Ombudsman office. Most recently, in a letter dated Nov. 5, the ADA brought this issue to the attention of CMS Administrator Marilyn Tavenner and is currently preparing for a Jan. 8 meeting with CMS to continue to advocate for our position.

The good news is that very recently CMS delayed the enforcement date, allowing the ADA additional time to address its concerns in the new Congress. Although the enrollment deadline remains June 1, 2015, the rule will not be enforced until Dec. 1, 2015. In addition, ADA was responsible for convincing CMS to use a shorter Medicare enrollment form.

While ADA continues to advocate for a dental exemption, it is also important to educate dentists on this rule — for example, opting in or out has implications for other Medicare services such as those offered through Medicare Advantage plans. We are sensitive of the need to balance member education with advocacy efforts in cases like this, where the outcome is unpredictable because of the changing political balance in Washington, D.C.

The ADA's Practice Institute has a short [primer Q & A](#) on this topic that refers to additional information and an [infographic](#) on enrolling or opting out of Medicare.

## **Space Limited for March 10<sup>th</sup> Hands-On Workshop**

The DC Dental Society will be hosting a hands-on workshop featuring Dr. Marvin Fier, a highly regarded authority on aesthetic and restorative dentistry on Tuesday, March 10, 2015, 2 p.m. at the Westin Georgetown (2350 M Street N.W.). At this three-hour workshop, attendees will learn:

- how to treat patients with hypersensitive teeth
- the benefits of the new chameleon composite technology
- how to reduce time spent on achieving lifelike restorations
- how to reduce technique sensitivity no matter how you bond
- how to achieve zero post-op sensitivity in your restorations
- which composites polish fastest and easiest

Current DC Dental Society members have the opportunity to register for this workshop at a discounted rate of \$265. Space for this event is limited to 30 individuals so those interested in attending this event, are urged to [register today](#).

## ADA Comments on 'Modified Risk' Tobacco Product

It is "virtually impossible" to justify claims that smokeless tobacco and such newer generation products as electronic cigarettes and hookah tobacco "are somehow less harmful to the oral cavity than combustible tobacco products or without other adverse effects," the Association told the Food and Drug Administration Dec. 5.

"Unfortunately, there is a scarcity of published research on – and certainly no scientific consensus about – the immediate and long-term effects of these new products on oral health," the Association said in preliminary comments on an FDA regulatory notice issued Aug. 27. The Association will offer supplemental comments by Feb 23, when the comment process closes.

"Preventing oral cancer and other tobacco-related disease has been a long-standing priority for the ADA," said the letter signed by Association President Dr. Maxine Feinberg and Executive Director Dr. Kathleen T. O'Loughlin. "We strongly support developing the published research on the latest generation of tobacco products and the immediate and long-term effects of those products on oral health."

The Association urged the FDA to consult with the National Institute of Dental and Craniofacial Research "about the current state of published research in this area." The ADA separately said it supports NIDCR-proposed research on the "Effects of E-cigarette Aerosol Mixtures on Oral and Periodontal Epithelia."

The FDA opened a regulatory docket and called for comments on modified risk tobacco product applications submitted by Swedish Match North America Inc. for "snus" and other smokeless tobacco products. Modified risk tobacco products are sold or distributed for use to reduce harm or the risk of tobacco-related disease associated with commercially marketed products.

Federal law requires the FDA to make the applications available to the public and to request comments on label, labeling, advertising and other information in the application. Applicants must show that the products "will significantly reduce harm and the risk of tobacco-related disease to individual tobacco users and will benefit the health of the population as a whole taking into account both users of tobacco products and persons who do not currently use tobacco products," the FDA said.

Visit [MouthHealthy.org](http://MouthHealthy.org) and other [ADA.org](http://ADA.org) websites for tobacco information and resources for patients and professionals.





## Practice Sales ♦ Practice Appraisals Transition Consultation



Let our experience and expertise work for you to obtain the highest sale price for your practice, while minimizing your tax consequences.

We have a 100% success rate post-closing; we've never had a buyer fail or default. ***Call us for a free consultation.***

### SERVICES INCLUDE:

- ♦ *Face-To-Face Consultations*
- ♦ *Free Written Practice Appraisal*
- ♦ *Free Draft Legal Documents*
- ♦ *Consultation for Patient & Staff Retention*
- ♦ *Minimization of Tax Liability*



**Amanda Christy**

*Regional Representative*  
[a.christy@NPTdental.com](mailto:a.christy@NPTdental.com)  
877.365.6786 x220

Fax: 877.641.0808  
[info@NPTdental.com](mailto:info@NPTdental.com)  
[www.NPTdental.com](http://www.NPTdental.com)

***Trust our Experience. Rely on our Expertise.***

## **Dental Growth Slower than Projected**

Government actuaries cited slower growth in dental spending than projected just three months earlier in a study revising the post-recession National Health Expenditures narrative from "low rates of growth" to "slowdown."

The 3.6 percent increase in the 2013 rate of growth in the overall health economy is the lowest on record since NHE record keeping began in 1960, the Centers for Medicare & Medicaid Services Office of the Actuary said.

CMS actuaries in a September report projected \$113 billion in dental expenditures during 2013 at a 1.9 percent annual growth rate. The study published by the journal Health Affairs as a Web First article Dec. 3 said actual dental spending increased by 0.9 percent to \$111 billion.

Dental spending and the annual growth rate had been inching upward since 2008-2009 when it increased just 0.1 percent from \$102.4 billion to \$102.5 billion. The 2013 growth rate is the lowest since then.

"We are now seeing a slowdown," CMS statistician Micah Hartman told the media at a pre-release news conference at the National Press Club. "The recovery growth we're seeing in the economy is much lower than previous recessions." The recession began in December 2007 and officially ended in June 2009.

Continued low growth in health spending is consistent with the modest overall economic growth since the end of the recession and with the long-standing relationship between economic growth and health spending, particularly several years after the end of economic recessions, when health spending and overall economic growth tend to converge, the NHE team of economists and statisticians said.

As a result, health spending's share of the Gross Domestic Product remained at 17.4 percent in 2013. This contrasts with 1990-93, 2001-03 and 2008-11, three periods that contained recessions and the years immediately following, when health care spending increased at a much faster average annual rate than GDP.

"The key question is whether health spending growth will accelerate once economic conditions improve significantly; historical evidence suggests that it will," the NHE accounts team said.

## **Have You Paid your 2015 DC Dental Society Dues?**

Members should have received in the mail their 2015 DCDS and ADA membership dues renewal. If you have not yet paid your membership dues, you may do so online via the [ADA website](#) using your ADA login. If you do not recall your ADA credentials, you may also use your ADA number which was included on your membership dues renewal. Please don't hesitate to contact the DCDS business office should you require any assistance.



## **Study: Seniors who Sleep in Dentures at Higher Risk for Pneumonia**

“Today, approximately 75 percent of senior citizens over age 65 have kept some or all of their teeth – a record - thanks to better preventive measures like community water fluoridation and daily brushing with fluoride toothpaste, according to the American Dental Association,” a press release carried by the Senior Journal (12/19) announces. The release goes on to state that dental health can have a significant effect on overall health, and, as an example, points to a recent study in the Journal of Dental Research that “found that very elderly adults (ages 85 and older) in community-living settings who slept in dentures were at a higher risk of developing pneumonia because bacteria from the mouth could be inhaled into the lungs.” The press release then goes on to list ADA advice on how to maintain proper dental health.

Meanwhile, on its website, KAMR-TV (12/19) reports the results of the Journal of Dental Research study, quoting Dr. Judith Jones, DDS, of the American Dental Association. Dr. Jones said, “it’s really important if you have dentures of any type to make sure that you take them out every night,” adding that people should “take them out, clean them carefully, store them in a cup of liquid, and in the morning clean them again.”

## **Volunteers Needed for NBC4 Expo and Give Kids A Smile**

The DC Dental Society Foundation will again be providing dental and oral cancer screenings at the 2015 NBC4 Health and Fitness Expo occurring Saturday, January 10th and Sunday, January 11th, from 9:00 AM to 5:00 PM at the Walter E. Washington Convention Center. Volunteers will work two hour shifts and assist with screenings and help staff an "Ask an Expert" booth. Dentists are still needed for two-hour blocks each afternoon.

Those interested in volunteering for NBC4 can fill out [this form](#) or reach out to DC Dental Society staff by email at [info@dcdental.org](mailto:info@dcdental.org), or by phone at (202) 367- 1163. Any amount of time that you are available to help with this event would be greatly appreciated.

The DCDS Foundation is also participating in the American Dental Association's annual Give Kids a Smile Program. We will hold screenings at Kimball and Abram Simon Elementary Schools on Friday, January 9<sup>th</sup> and have already collected consent forms from over 300 students. The Give Kids a Smile event will be held Friday, February 6th on the campus of Howard University College of Dentistry. We are in need of volunteers for both the screening and the actual Give Kids a Smile event and we encourage all member to volunteer. Those interested in volunteering for Give Kids a Smile can fill out [this form](#) or reach out to DC Dental Society staff by email at [info@dcdental.org](mailto:info@dcdental.org), or by phone at (202) 367- 1163.

## Classified Advertisements

### Dental Condo Rent/Option/Sale:

Dupont Circle South 2 Op furnished/equipped dental condo rent/option/sale. 24X7 access/security. Stable condo fee includes water/electricity. 202-250-1491.

PRACTICES FOR SALE: Frederick. Grossing \$375k PT., 3 ops. Restorative. St. Mary's- 3 ops grossing \$500k part time. COLLEGE PARK 3 ops Grossing \$500K, great staff. CARROLL COUNTY – 4 ops grossing near \$400K PT. Restorative. POLCARI ASSOCIATES (800) 544-1297  
[www.polcariassociates.com](http://www.polcariassociates.com)

Opportunity for a MD licensed-- Endodontist, Oral Surgeon, & Periodontist to join our growing specialty practice. Candidate should have strong treatment planning skills. You should be a motivated self-starter who is willing to build your patient load in our office. Please forward your CV and reference to be considered. [Paryshams@gmail.com](mailto:Paryshams@gmail.com)

NPT, LLC (National Practice Transitions) #DC-1195: Washington DC. 6 Operatories. Average collections \$911,174. Prime location, 1/2 Block from Metro. Minutes from monumental buildings/park. Price: \$706,000. For more information contact Amanda Christy 877-365-6786  
x230, [a.christy@NPTdental.com](mailto:a.christy@NPTdental.com) or [www.NPTdental.com](http://www.NPTdental.com).