

February 2015 Vol. 56 No. 2

A Letter from DC Dental Society President Robert W. Emery, DDS



r. Robert Emer

Dear Colleagues,

Since our very beginning in 1866, it has been our member volunteers that have made it possible for the DC Dental Society to thrive as an organization and stay relevant in our community for so long. Strong volunteer leadership and robust volunteer participation are at the core of everything that we are able to accomplish as a Society. In recognition of this reality, one of the Society's current strategic goals is to optimize opportunities to build volunteer leadership.

To this end, we want to make the upcoming nominations process for Society leadership easier and more inclusive with the goal of engaging a higher percentage of the membership in this important activity. Nominations for open board and committee positions are now being accepted via an <u>online nomination form</u>. As has been customary, nominations for leadership positions will also be accepted at the March 10th monthly meeting.

The Awards & Nominating Committee will review all nominations and vet all candidates for inclusion on the 2015-2016 board of directors ballot (for opposed positions) and make recommendations to the board of directors on committee assignments. The following committees have open positions for the upcoming 2015-2016 term: Awards & Nominating (2 members), Constitution and Bylaws (1 member), Education (1 member), Membership Benefits (2 members), Membership (1 member), Nation's Capital Dental Meeting (4 members), Professional Standards (1 member), Public Policy (2 members), Public Relations (1 member), and Strategic Planning (3 members). (Continued on page 2)

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A Letter from DC Dental Society President Robert

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With these changes we aim to develop a leadership pipeline and enhance volunteer participation. I encourage you to nominate yourself or a deserving colleague for a leadership position to actively contribute to the Society's strategic goals, develop crucial leadership skills and make important career connections. I'd also like to specifically encourage new dentists (those out of dental school less than ten years) to nominate others or self-nominate.

I also want to thank all the members that participated at last month's NBC4 Health and Fitness Expo at the Walter E. Washington Convention Center. Society members provided dental and oral cancer screenings for more than 600 members of the community during the two day event that occurred January 10-11.

Finally, I want to remind you all that the 2015 Give Kids a Smile Day is occurring this Friday, February 6th at the Howard University's School of Dentistry. The event devotes a day to providing free dental services to elementary students in need of dental care. This year's participating elementary schools include Abram Simon Elementary School and Kimball Elementary School. More than 320 children are expected to receive dental care at the event. There is still time to volunteer. Please contact the DC Dental Society business office at (202) 367-1163 or info@dcdental.org for more information.

As always, please don't hesitate to reach out to me or anyone on the Society's board should you have any questions.

We are DCDS: passionate about our profession, our community, and our future!

Sincerely, R.W.

Robert W. Emery DDS President, DC Dental Society

New Member Spotlight



Dr. Pierre Cartier with Dr. Chris Loukaitis

Pierre Cartier
Office: 202-330-3114
E-mail: doctor.cartier@gmail.com
University of Kentucky, 2005
Comprehensive General Dentistry
and Cosmetic Dentistry
Active Member

<u>February Monthly Meeting Features</u> <u>Dr. Schumacher Discussing Erosions and Caries Prevention</u>

The next DC Dental Society monthly meeting will be held on Tuesday, February 10th at the Westin Georgetown and will feature a presentation by Dr. Gary Schumacher on *Erosions, Abrasions and Attrition* – *The Permanent Loss of Tooth Substance*.

A reminder that members that have not yet paid their 2015 DCDS/ADA dues will need to renew their dues onsite or pay a \$75 fee to participate in the February CE event. Members planning to attend the February meeting should RSVP <u>online</u>, by phone at 202-367-1163, or via email at <u>info@dcdental.org</u> before noon, Tuesday, February 10th.



Dr. Gary Schumacher

Session Topic

Erosion and Caries Prevention

Schedule

Networking Reception 5:00 p.m. – 5:30 p.m. DCDS Business Meeting 5:30 p.m. – 5:45 p.m. Presentation 5:45 p.m. - 7:45 p.m. Dessert Reception 7:45 p.m. - 8:15 p.m.

Location

Westin Georgetown 2350 M St NW Washington, DC 20037

*CE Credit will be offered for the February Meeting.



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Nominate Yourself or a Colleague for a DCDS Leadership Position

We need you! DCDS volunteers play an active role in developing and leading the dental profession within the District of Columbia. Nominate yourself or a colleague for a leadership position to actively contribute to the Society's strategic goals, develop crucial leadership skills and make important career connections.

The DCDS Awards and Nominating Committee is seeking candidates to fill open officer and board positions for the 2015-2016 term. The committee is also seeking candidates for appointment to Society committees, including:

Awards & Nominating (2 members)
Constitution and Bylaws (1 member)
Education (1 member)
Membership Benefits (2 members)
Membership (1 member)
Nation's Capital Dental Meeting (4 members)
Professional Standards (1 member)
Public Policy (2 members)
Public Relations (1 member)
Strategic Planning (3 members)

View the committee charges

Both board and committee terms will begin in the summer of 2015. The DCDS strives for diversity with respect to its volunteer leadership and specifically encourages new dentists to nominate others or self-nominate.

To **nominate a colleague**, please send the following information to the DCDS business office (info@dcdental.org) by **Friday**, **March 6**, **2015**.

- Nominee's name
- Nominee's contact information
- Position for which you are nominating the individual

To self-nominate, please complete the online nomination form by Friday, March 6, 2015.

Thank you for your participation in this important process. We value your interest in serving your Society!

Questions? Call the DCDS Business office at (202) 367-1163 or email info@dcdental.org



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- Preparation

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- for the Transaction

Seats Still Available for Dr. Fier's **Hands-on Workshop**

The DC Dental Society will be hosting a hands-on workshop featuring Dr. Marvin Fier, a highly regarded authority on aesthetic and restorative dentistry on Tuesday, March 10, 2015, 2 p.m. at the Westin Georgetown (2350 M Street N.W.). At this three-hour workshop, attendees will learn:

- how to treat patients with hypersensitive teeth
- the benefits of the new chameleon composite technology
- how to reduce time spent on achieving lifelike restorations
- how to reduce technique sensitivity no matter how you bond
- how to achieve zero post-op sensitivity in your restorations
- which composites polish fastest and easiest

Current DC Dental Society members have the opportunity to register for this workshop at a discounted rate of \$265. Space for this event is limited to 30 individuals so those interested in attending this event are urged to register today.

DCDS Members Invited to Participate in Pediatric Dentistry Symposium

The Pediatric Dentistry Program at Children's National Medical Center and DC Academy of Pediatric Dentistry invites DCDS members to attend a continuing education course and resident research symposium on May 1, 2015 from 8 a.m. to 12 p.m. featuring Dr. Arnie Weiss on tips for success in pediatric behavior management. Attendees will receive 4-5 continuing education credits. Lunch will be provided. For more information about this event and to register, please email dcchapteraapd@gmail.com.

Dentistry Named Best Occupation of 2015

Last month, US News & World Report unveiled "The 25 Best Jobs of 2015," with dentists topping the list. Of dentists, US News & World Report says that the best "deftly balance patient care with turning a profit – what good is the most nurturing dentist in town if he or she never sees any patients?" The article adds, "before getting to that stage, they endure rigorous technical and practical training in a competitive dental program."

Dentists also top the US News & World Report list of the top 36 healthcare jobs of 2015, and were noted in another related US News & World Report article on the best paid professions by state. A handful of other outlets also reported on the US News analysis. TIME reports that "the rankings are compiled by evaluating multiple criteria, including an occupation's future growth prospects, median salary, employment rate, stress level and work-life balance." TIME adds, "Dentists earn a median salary of \$146,000 and the number of dental jobs available is expected to grow by almost 16 percent from 2012 to 2022, according to the Bureau of Labor and Statistics."

FDA Approves Hard to Abuse Hydrocodone Product

The U.S. Food and Drug Administration approved an extended-release hydrocodone product with properties that can reduce abuse of the drug.

Hysingla ER (hydrocodone bitartrate) is an opioid analgesic that can treat pain severe enough to require daily, around-the-clock-long-term use. The tablet is difficult to crush, break or dissolve and it also forms a thick gel and cannot be easily prepared for injection. Because of those characteristics, the FDA has determined it would be difficult to abuse the drug.

"While the science of abuse deterrence is still evolving, the development of opioids that are harder to abuse is helpful in addressing the public health crisis of prescription drug abuse in the U.S.," said Janet Woodcock, M.D., director of the FDA's Center for Drug Evaluation and Research. "Preventing prescription opioid abuse is a top public health priority for the FDA and encouraging the development of opioids with abuse-deterrent properties is just one component of a broader approach to reducing abuse and misuse and will better enable the agency to balance addressing this problem with ensuring that patients have access to appropriate treatments for pain." (Continued on page 7)

FDA Approves Hard to Abuse Hydrocodone Product

(Continued from page 6)

Hysingla ER comes in strengths of 20, 30, 40, 60, 80, 100 and 120 milligrams of hydrocodone to be taken every 24 hours. The safety and effectiveness of Hysingla ER were evaluated in a clinical trial of 905 people with chronic low back pain.

The FDA is requiring postmarketing studies of Hysingla ER to assess the effects of the abuse-deterrent features on the risk and consequences for abuse of the drug. Dr. Paul Moore, professor of pharmacology, dental anesthesiology and dental public health at the University of Pittsburgh School of Dental Medicine, said the availability of this drug likely won't affect many dentists.

"Hysingla ER is a delayed release single-entity formulation that contains only hydrocodone. It is indicated specifically for severe, poorly controlled chronic pain and will have few indications in dental medicine and in the management of acute postoperative pain," said Dr. Moore, also a member of the ADA Council on Scientific Affairs. "However, as these formulations become available, it will be important for dentist to know if a patient is taking an opioid such as Hysingla because of possible drug interactions with prescribing analgesics and sedatives."

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Is it the equipment/supply companies who are also brokering practices? NO In most cases, the owner is selling and retiring. The supply companies want to please the buyer in order to gain or retain their business post-closing. Whatever the terms, their priority is to get the deal done in order to pick up the buyer as a new client, at whatever cost to the seller.

Is it your accounting firm that also owns a practice brokerage company? NO This could be the biggest conflict of interest that exists. Sellers look to their accountants for advice asking, "Is the price or tax structure acceptable?" Will the accountant advise their client against a "bad" deal if a large commission is on the line to their firm, or to a brokerage company they are partners with or are profiting from?

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Dr. Brånemark, Father of Modern Dental Implant, Dies at 85

Known as the father of the modern dental implant, Per-Ingvar Brånemark, M.D., Ph.D., died on Dec. 20, 2014, in his hometown of Gothenburg, Sweden, according to the New York Times. He was 85.

His wife, Barbro Brånemark, said the Swedish orthopedic surgeon and researcher died of a heart attack, the article reported.

Dr. Brånemark received an honorary ADA membership from the ADA Board of Trustees in 2008 for his dedication to the profession of dentistry.

"I think what impresses me the most is that Dr. Brånemark's ability to think beyond his own medical specialty area allowed him to take a serendipitous finding and apply it to dentistry, leading to the development and widespread acceptance of dental implants," said John Dmytryk, Department of Periodontics professor at the University of Oklahoma College of Dentistry and ADA Council on Scientific Affairs member.

Implants became a major advancement in dentistry after Dr. Brånemark and his team accidentally discovered that titanium could fuse into bone safely. The New York Times explained that Dr. Brånemark was studying how blood flow affects bone healing. He and his team, in 1952, put optical devices encased in titanium into the lower legs of rabbits in order to study the healing process. When they tried to remove the devices, they found that the metal had fused into the bone and couldn't be removed.

He called that process "osseointegration," and concluded that titanium could be used to create an anchor for artificial teeth.

According to the New York Times, Dr. Brånemark's first titanium dental implant patient, in the mid-1960s, was "a man with a cleft palate, jaw deformities and no teeth in his lower jaw." The operation gave the patient four titanium implants that allowed him to use dentures until his death four decades later.

However, it took Dr. Brånemark years to convince the medical and dental establishment that titanium could be integrated into living tissue, according to the New York Times article. It wasn't until the 1970s that Sweden's National Board of Health and Welfare approved the Brånemark implants.

In 1982, Dr. Brånemark made the case of osseointegration at a professional meeting in Toronto and "won widespread recognition for his materials and methods." Titanium implants has since spread well beyond dentistry and is now used in medical and veterinary applications.

Today, Dr. Brånemark's system of dental implants is manufactured and sold by Nobel Biocare and is still sold as the Brånemark System, according to the New York Times.

Dr. Brånemark was awarded the Swedish Engineering Academy's medal for technical innovation, the Swedish Society of Medicine's Soderberg Prize and the European Inventor Award for Lifetime Achievement, along with other honors and honorary degrees. According to the article, he is survived by his wife, by three children from his first marriage, and four grandchildren.

Volunteers Still Needed for February 6th Give Kids a Smile Day

The Give Kids a Smile event will be held Friday, February 6th on the campus of Howard University College of Dentistry. Those interested in volunteering for Give Kids a Smile should contact the DC Dental Society business office at info@dcdental.org, or by phone at (202) 367- 1163.

DC Dental Society Participates at NBC4 Expo

DC Dental Society members and volunteers had a great time providing oral cancer screenings at the NBC4 Health & Fitness Expo on January 10^{th} and 11^{th} . Save-the-Date: the 2016 NBC4 Health & Fitness Expo will occur January 9^{th} and 10^{th} . We look forward to your participation.





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